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An Exciting Term 4

Hendrika Green, Principal

Teachers have had the opportunity to collaboratively plan for what will be an exciting Term 4. We have exciting events such as our Art Show next week—and taking a sneak peak, the incredible talent that will be on display will capture all who attend!

We prepare for our Kindergarten students, who gain their first opportunity to mix with others at our school at their Orientation Days on October 14th and 21st. We look forward to welcoming our new children to our school family and hope they enjoy their experience. We thank Mrs Sharon Raudaschl for her many hours in preparing the information needed to support the program.

Our younger students are preparing for their dramatic performances—and I am sure we will enjoy watching their characters come to life on stage, when they perform for our school community.

We look forward to our Grandparents’ Day and the excitement that holds for our families—both parents and students alike!

We prepare for leadership with our Year 5 students, looking for their chance to lead the school in 2016, in one of the many roles available. We thank our Stage 3 teachers for their hard work in this preparation. Leadership can be a challenging experience for students—some are elated at the opportunity and others find it overwhelming—we ask our parents to encourage their children to do their personal best. We will also have students who transition from some of our Support Classes into other classes in their mainstream schools and our Year 6 students prepare for their High School experiences, and look forward to their farewell celebrations.

Yes, it will be a most busy term—and we all look forward to sharing it with you!

World Teacher’s Day is traditionally held on October 5th, throughout the world, however, because Australian teachers are usually on holidays at that time, it is celebrated in Australia on the last Friday of October.

This year that will be Friday 30 October.

If you have some time to thank any particular teacher you feel has made a valuable contribution to the education or your child or children, then this day is a lovely day to let them know.
### School News Cont’d

<table>
<thead>
<tr>
<th>Notes and Money Due</th>
<th>MULTILIT Reinforced Reading Program</th>
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| Deer Park Excursion $310.00  
Due by 28 October | Do you have 20  
minutes a week?  
Parents are needed  
to help as tutors for  
the MULTILIT Reinforced Reading Program to support some of our  
students in Years 2-6. |
| Multicultural Perspectives Public Speaking Final Years 3 & 4 $3.60  
Due 19 October |  |
| Film By The Sea - Permission to publish |  |
| Infants Chess Tournament $11.00  
Due by 14 October |  |

### Key Value: Citizenship

Citizenship can be defined as membership of a community or group. It allows certain privileges and also comes with obligations to follow the rules of the community or group to which you belong. Citizenship also means your relationship with the community or group to which you belong.—Not just following rules or procedures, but also following the moral and social code of the community.

Being a good citizen of Engadine Public School means more than just basic rights and responsibilities, it involves quality of character, behaviour and interactions with others in the community. We want our students to be active, informed and responsible citizens.

A good citizen is one who 1. Cares about the feelings of others, 2. Shows concern for safety and wellbeing of others, 3. Stays informed about issues and voices their opinion, 4. Votes, 5. Conserves our school resources and follows the 3 R’s (Reduce, Reuse, Recycle) and 6. Uses their skills to make our community better.

The benefits students may gain from being good citizens include: 1. The self confidence and resilience to deal with everyday life occurrences, like a disagreement with another, 2. It gives them voice in their school community, 3. Enables them to make valuable contributions to the world in which they live and 4. It prepares them for the ups and downs of being an adult in the working world.

Being a good citizen takes an effort, which is valued by peers, staff and families alike.
Throughout the school year, teachers focus on developing skills to building positive relationships among peers—some children learn these through experience and others need to be taught these skills specifically in order to apply them. The focus of our teaching points will last for blocks of two weeks, and will be placed in the newsletter.

Social Skills Topic 13: **Positive Tracking**

Parents, we ask that you too go through these skills with your children, and discuss the dos and don'ts. Perhaps you can ask them if they have tried some of the strategies and what the result was. Children learn best when they are supported from both school and home with a consistent message. Your assistance is greatly appreciated.

### Do's
- Look for the good things that you do and say them to yourself, and sometimes out aloud!
- Look for the good things that other people do and say them out aloud.
- Look for the good things that happen in your life, however small, and say them to yourself and out aloud.
- When bad things happen to you, try to look for and say out aloud, one good thing that was a part of it.

### Don'ts
- Don't put yourself down by looking for and saying the bad things about yourself.
- Don't put others down by looking for and saying bad things about them. Don't criticise all the time.
- Don't grizzle and complain about the bad things that happen in your life.
- Don't focus on only the bad parts of the bad

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**Film by the Sea**

Our film The Bright Club has been included in the 2015 Film by the Sea Festival Series One at the Sutherland Entertainment Centre, Eton St, Sutherland. Students involved in this years festival are encouraged to attend the evening premiere where they can dress as a star and walk the red carpet from 6.15pm.

**Evening Premiere tickets will be on sale through TryBooking at a cost of $15 each.**

Sutherland tickets are for October 27.

Please book via the following: [www.trybooking.com/142332](http://www.trybooking.com/142332)

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**Earn and Learn—Thanks**

Congratulations to all our children and families who collected stickers from Woolworths during the Earn and Learn Promotion. We were able to send in over 30,000 stickers for our school's points.

We eagerly await to hear back from Woolworths on how much money we will have to spend on new resources and equipment for our Engadine PS children.

Thank you again for your support and we will let our families know what will be purchased in the near future!

Mrs Raudaschl and Mrs Scarra
Round 2 Our games were played against Helensburgh.

- Girls T-Ball: 11-18 Lost
- Boys T-Ball: 18-17 Won
- Girls Softball: 24-7 Won
- Boys Cricket: 30-55 Lost

Round 3 Our games were played against Yarrawarrah.

- Girls T-Ball: 12-26 Lost
- Boys T-Ball: 23-20 Won
- Girls Softball: 7-14 Lost
- Boys Cricket: 79-64 Won

This week Friday 16 October, our games are against Tharawal at The Ridge (middle).

School Banking — Thursdays

Bring your banking in on Thursday, for processing on Friday morning. Deposit books are returned on Friday. You can use the locked pigeon hole in the office for larger amounts, or to drop your book off anytime in the week (up until 9.30 on Friday morning).

If you’d like to know more, please chat with Kelly Bilek or Cherylyn Hare (0404 405 201)

Uniform Shop

The Uniform Shop will open on Friday morning of weeks 1 & 5 of each Term.

Orders can be placed in the Office money box and they will be filled fortnightly. Cash or cheque only. Cheques to be made out to Engadine Public School P & C Uniform Shop.

Please direct all enquiries to Mrs Cody on Wednesday to Friday from 9.30—11.00am.

Please be aware Mrs Cody is also running the canteen and not all orders/enquiries can be dealt with immediately.

Year 6 Shirts. Some Year 6 Shirts for sale in the canteen if anyone would like an extra size 12 or size 14 $35.00.

ON SALE - ORDER THROUGH UNIFORM SHOP

Maroon Fleecy Track Pants, (old style) $10 each - size 4, 14, 16 only.
Maroon Flying Jacket $20.00 - size 6, 8,10,12, 14, 16, & small men’s.

Second Hand Uniforms

The Uniform Shop is always happy to accept donations of second hand items in good condition. If you have any items you wish to donate, please bring them into the Office or direct to the Uniform Shop when it is next open.
You are invited to

Engadine Kids Art Exhibition
A collection of individual and group works on paper, canvas and mixed media.

ONE NIGHT ONLY
Thursday, 15th October 5-7pm
Engadine School Hall. Family and friends welcome.

For your information...
Each student has produced an individual artwork to be exhibited at the art show. To purchase your child’s work you’ll need to buy a red dot at the door.
Pay $5 for a red dot on the night, receive the red dot and place on the individual work. Individual works (with red dots) can be taken off display and taken home by purchaser at 6:45pm [the closing time of silent auction].

Group pieces will also be available. All group pieces will be sold via silent auction. Final bids will be at 6:45pm.
These works can be paid for in full on the night and taken home, or stored at school until total payment has been made (any time during the following week). Cash, cheque, eftpos or online payments will be accepted for sales and deposits.

Find a card for any occasion! All cards are unique and handmade, stamped with our signature ‘Engadine Kids’ logo. Every student has made 4 cards, labelled with name and class. Anyone can buy these, not exclusive to student or family.
First in best dressed!

Bid for unique and original artworks produced by each stage
All paintings on canvas are whole stage works inspired by elements in nature and the environment. A variety of paint applicators including brushes, paint scrapers, combs, sponges were used to apply paint to create texture.

As the art teacher I’d like to say thank you for attending the Engadine Kids Art Exhibition and supporting the art program. I am extremely proud of the works displayed by the students and continue to be amazed by their creativity.
All money raised from sales will be used to enhance student learning in the arts.

Nicole Gizas
Sutherland Local AECG

Cordially invites you to our
New- Establishment AECG MEETING

Our AECG’s focus is on communities having input into Aboriginal Education.

We strive to empower our communities to become involved in all levels of Education & Training.

You are invited to attend our information session to find out more about what and how you can help and support our children in education. You can become a member or be a part of the Executive.

On: Friday 16th October 2015
Start: 10am
At: Engadine Public School
Waratah Rd Engadine
9520 8559

Parents & Community members are encouraged to come along.

The AECG is an Aboriginal community based organisation made up of volunteer members.

Your Local AECG is your link to bettering Aboriginal Education outcomes.

All people involved or interested in Aboriginal Education are encouraged to be members of their Local AECG. This will empower our people & will contribute to improving outcomes for our students.

A light snack will be provided during the meeting.

Youth are our future & should be recognised as an important part of our network.

Please RSVP:
Mrs Hendrika Green on 9520 8559
Melinda Brown on 0475 029 630 or email Melinda.brown@aecg.nsw.edu.au

Live Life Well - National Nutrition Week— “Try for 5” Challenge!

NATIONAL NUTRITION WEEK
11-17 October 2015

Could you eat the recommended 5 serves of vegetables every day for 7 days?

Sign up to take the ‘Try for 5’ challenge:
www.nutritionaustralia.org/
national/national-nutrition-week

For recipe ideas to increase your child’s vegetable intake go to
Ten ways to promote the natural genius in your child

Andrew Fuller

The contribution made by parents and grandparents to a child or teen’s success in school and in life is enormous. When teachers and families work together the results that kids achieve are amazing.

Here are some of the main things we can all do to give children and teenagers a boost in school success.

1. Be positive about learning ourselves

By taking on hobbies, new courses and discussing new inventions and ideas we show our children and grandchildren that learning is interesting and it is for everyone. This can be as easy as discussing new idea and shows, interesting facts and discoveries, reading new books- the key idea is for young people to know that learning is something adults do too.

2. Have a creativity corner

Find somewhere in your home for projects, art works and collections. Setting this up doesn’t need to be expensive. Creative geniuses need somewhere they have to invent, work on and keep ongoing projects. One of the great ways to learn about persistence is by starting a project and then building upon it and improving it over time. Warning- cover the carpet under this corner and at times you may need to cover it all with a drop sheet. Expect this area to get messy and wild. Becoming a genius is not always neat.

3. Experience + reflection = learning

The experiences we have in our lives build our brains. When parents and grandparents involve children in experiences they grow their brains. By giving our children new and interesting positive experiences, we stimulate their brain development and make them smarter.

By asking them to think about the things they have seen or felt they consolidate this new experience into their brains.

To really have the natural genius of kids surge don’t keep doing the same things over and over again. Find ways to do new things, visit new places and try out different ways of seeing the world.

4. Look for strange and weird ways to connect things

Imagination and creativity is often about thinking ideas that no one else really thinks. You can help stimulate this by playing a game of thinking up ways that different things are alike. For example how are the plant Mars and an apple alike? Do worry if you don’t have an answer. Genius is more about asking questions than having answers.

5. Know that mistakes are opportunities

If you can’t make a mistake you’ll never do anything new. If children can’t bear to make a mistake they can’t access their inner creative genius. Help them to realise that we all make mistakes. No one gets everything right the first time they try. In fact making mistakes is the way we learn.

6. Stretch ideas

The world seems to encourage people to seek answers (usually from google) and then stop thinking. Be the antidote to this by helping your child or teen to take ideas and stretch them out. This requires parents and grandparents to have a good sense of humour and an enjoyment of the absurd. Ask kids to take ideas and apply them in as many strange ways as they can. Geniuses take information from multiple sources, recombine them in new and interesting ways and apply them in settings not many people thought of before them.
7. Develop concentration

It is hard to imagine attaining success in an area of life if you cannot learn to concentrate. Anyone who has ever learned to ride a bike, play a musical instrument, surf a wave or drive a car knows that concentration is a skill we can get better at.

Often kids are drawn to different things to concentrate on. Notice what draws their attention and build upon that.

8. Help them learn to plan and make decisions

Being able to anticipate what is likely to happen as a result of your actions is an essential life skill. The ability to look beyond your current circumstances and consider the outcomes of possible courses of action is something we can help children and teens to learn.

This can be as simple as mapping out different pathways or asking kids, what do you think will happen if we did this or what do you think would happen if we did that? Our actions have consequences.

Decision making is a rare skill. Some people just allow life to happen to them and then express dissatisfaction about where they end.

Help kids to become active decision makers if you want them to have a happy life. Much of our life’s happiness – where we live, where we work, who our friends are and who we are in a relationship with – is determined by the decisions we make.

Decisions are like crossroads that we meet in life. Helping kids to stop, pause and weigh up the likely results of taking different actions or pathways is one of the most powerful things a parent can do to help create a happy life for their child.

9. Don’t just read to kids, read with them

Reading with kids helps them to gain an interest in new information. By pairing time with parents and grandparents as learning time helps them to see the value in new learning.

Even when children are older capable readers, occasionally sharing a story, reading out something interesting from the newspaper or reciting a poem, saying or song will show them learning is something older people do as well.

Genius is about being more interested in the things we don’t know than the things we do know. It is very difficult to become intrigued in the things we don’t know if we don’t occasionally see the world from someone else’s perspective. Films and computer games will do this to some extent but nothing beats a good book. Even for really reluctant readers, it only takes one great book being read to them and with them to make a world of difference.

10. Let them know how incredible they are

These days, we talk of some people being a genius but have forgotten that everyone has a genius. Within each person is an inner genius, an inner passion, ability and desire that we can unlock and draw out. As parents and grandparents it is much more important to focus on drawing out potential and focusing less on current performance.

One of the things very successful people say is that they had someone who believed in them as a child. When asked how they managed to achieve a remarkable accomplishment they often pause and reflect that no one ever told them they couldn’t do it.

Andrew’s latest book Unlocking Your Child’s Genius (Finch Publishing) will be published in July 2015.
Community News

Grays Point Spring Fair
Awesome Thrill Rides & Animals
Quality Stalls & Food
Live Entertainment
Saturday 17th October 10-4pm

Grays Point Public School
Facebook.com/SpringFair
Our Spring Fair Principal Sponsor is All Smiles Dental Care Kirrawee

Burraneer Bay Public School
Spring Fair
HALLOWEEN
SATURDAY 31ST OCTOBER
10am - 4pm

★ Over 60 market stalls
★ Carnival rides
★ Haunted house
★ Preloved clothes & jewellery
★ Secondhand books
★ Trash and Treasure
★ Live entertainment
★ Sideshow alley
★ Show bags
★ Fabulous food & more!

Bid on our Silent Auction at
www.myminiauction.com/BBPSonlineauction2015

Burraneer Bay Public School
161-165 Burraneer Bay Rd, Cronulla

Proudly supported by
John Schwarzer

Highland Property Agents
ROAD SAFETY FOR KIDS

Child safety is no accident. Keep your kids safe on and around roads with this information session covering laws and issues regarding child restraints, and driveway, bike and pedestrian safety.

Presented by Kidsafe NSW.

WHEN
Monday 26 October
12noon - 1.00pm
WHERE
Cronulla Library
36-60 Croydon Street
Phone 9523 4980 for details

BOOKINGS ESSENTIAL
Book online today

LIBRARY SERVICES
Enquiries: 9710 0351

Sutherland Shire COUNCIL

ANXIETY IN CHILDREN

Would you like to better manage your child’s anxiety?
This workshop covers differences between normal anxiety and anxiety disorders, and examines types of anxiety disorders, including signs and symptoms.
Parents will have the opportunity to ask questions and receive relevant information, including advice on practical strategies to best support children experiencing anxiety.

SESSION 1
Wednesday 14 October
6.00pm - 8.00pm
Sutherland Library
30-36 Belmont Street

SESSION 2
Tuesday 20 October
10.00am - 12.00pm
Cronulla Library
38-60 Croydon Street

BOOKINGS ESSENTIAL
Book online today
Phone 9710 0351 for details

Presented in conjunction with.

LIBRARY SERVICES
Enquiries: 9710 0351

Sutherland Shire COUNCIL