The Engadine Public School

WARATAH WHISPERS

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9548 6700
www.sunshinerealestate.com.au

SALES & PROPERTY MANAGEMENT SPECIALISTS

communiKIDS speech, language, literacy.

Does your child need help with Speech, Language or Literacy?

Our team of experienced and dedicated speech therapists can help your child.

• Articulation
• Late Talker
• Language and communication
• Learning-disabled children
• Social skills and social interaction
• Executive functioning difficulties
• Reading, writing and spelling difficulties
• Differences in learning styles

Located in
Carrara and Padstow
www.communikids.com.au

Kids yoga classes

Yoga Origins (20 Anzac Ave, Bexley, Sutherland)
5 yrs to 8 yrs - Start Term 2 - April 21 - Tuesdays 4pm-4.45pm

Some important guidelines for kids and adults:

• Get comfortable in a non-competitive environment.
• Yoga provides a way for the child to explore a range of movements that would not usually be encouraged, enabling hand, eye and body coordination.
• Helps to create focus and meditate to decrease anxiety for younger practisers.
• Involves a variety of postures that the child can begin to understand and develop concentration and energy.
• Encourages the growth of the child to live a healthy lifestyle.

Dynamical Fun & Peaceful - everything the Body, Mind and Soul needs.

**Bookings essential - Email info@yogaorigins.com.au** For more information visit our website. www.yogaorigins.com.au

Piano Play

Dimity B Mus B Ed (Dist)

‘Use the talents you possess, for the woods would be very quiet if no birds sang except the best’

Henry Van Dyke

0405024864
pianoplay.weebly.com
pianolessons@hotmail.com.au

John’s BARBER SHOP

KIDS.. $15
HIGH SCHOOL BOYS.. $16
MENS.. $20
SENIOR / PENSIONER.. $15

SHOP 10
ENGADINE
TOWN SQUARE
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<tr>
<th>This space available for advertising. Contact the Office for terms.</th>
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For more info or to book a stall visit www.babykidsmarket.com.au
Welcome Back

Principal : Hendrika Green

We hope everyone had a wonderful Easter and school holiday break. It is lovely to be back and to see the smiling faces of rested teachers! We are sure too, that many students will be well rested after their break and ready to enjoy Term 2. - it just would be much more pleasant if it were dryer!

We welcome 3 new faces to our Office. For the next four weeks, Ms Loraine Colthart who joins us on Tuesdays, Thursdays and Fridays, and Mrs Joanne Holmewood who will join us on Mondays and Wednesdays. We also welcome Christie Davies who will be assisting in the Office for 3 half days for the remainder of the year.

ANZAC SERVICE - Friday April 24 — Flowers required please.

We hope you will help make these ladies feel welcome at our school.

Each year our students have been asked to bring in flowers towards making a floral tribute from each class for the ANZAC service. This year, the celebrations commemorate 100 years of the ANZAC Spirit, and we again ask for family support with floral donations, which will contribute to floral tributes. These flowers will be part of our school service on the 24th and additionally will contribute to the local Dawn service.

ANZAC Celebrations - Community Service 19 April

A huge thanks to our school leaders and students who supported the Community Commemorative ANZAC march on Sunday 19 April 2015. Again a credit to their families and our school. What a sense of pride I have in the students of our school! Further opportunities to show respect for the defence forces who served our country will be afforded our students as they attend memorabilia displays and our own school ANZAC service on Friday April 24th. Leaders and other students are welcome to join our local community for the Dawn Service at 5:30 am. Mrs Bourke will support the students on this occasion. See flyer in this newsletter.
**School News Cont’d**

**Notes and Money Due**

<table>
<thead>
<tr>
<th>K-6 Athletics Carnival</th>
<th>Your help please - Eyedroppers needed.</th>
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<tbody>
<tr>
<td>The Ridge Wednesday, 6 May</td>
<td>We need some eyedroppers for one of the Science &amp; Technology investigations in Stage 1 this term. If you use eyedroppers at home and no longer have use for them, please send them in, well rinsed and clean, for use for our investigative science activities. Your help will be greatly appreciated.</td>
</tr>
<tr>
<td>Permission and $9 due by 27 April</td>
<td></td>
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**Keys to Success** Reward Note and Tracking Sheet for new reward system.

**Mother’s Day** - Mufti Day & Gift Donation

Interschool **Chess** Challenge

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**Due Dates**

Parents and carers are advised due dates are established to ensure money is processed and numbers advised to service providers in time for all required planning.

**The school is strict on close off dates.**

We do not want our students, your children to miss out on valuable opportunities—and hence we ask you to help us with this.

Please ensure you pay by close off dates, or if you are experiencing difficulties, please advise the Office prior to the close off date so alternate arrangements can be negotiated, if appropriate.

It is TOO late after close off dates as commitments have already been made by this time.

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**Key Value: Citizenship (Community Award)**

Citizenship can be defined as membership of a community or a group. It allows certain privileges and also comes with obligations to follow the roles of the community or group. Citizenship also means your relationship with the community to which you belong. Not just following rules and procedures, but also following the moral and social code of the community.

Being a good citizen of Engadine Public School means more than basic rights and responsibilities, it involves quality of character, behaviour and interactions with others in community. We want our students to be active, informed and responsible citizens.

A good citizen is one who:
- cares about the feelings and rights of others.
- shows concern for the safety and well-being of others.
- stays informed about issues and voices their opinion.
- votes.
- conserves resources and follows the 3 R’s (Reduce, Reuse, Recycle).
- uses their skills to make a better community.

The benefits students may gain from being good citizens include:
- the self-confidence and resilience to deal with everyday life occurrences, like a disagreement with another.
- gives them voice in their school community.
- enables them to make valuable contributions to the world they live in.
- prepares them for the ups and downs of being an adult in the working world.

Being a good citizen takes an effort which is valued by peers, staff and families alike.

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**From the Office**

**Please return underwear and other clothing provided to your child when they have had an “accident”**.

We have a very limited supply of items to use for this purpose and when these items have not been returned we find we are unable to help the next child with the correct size.
Throughout the school year, teachers focus on developing skills to building positive relationships among peers—some children learn these through experience and others need to be taught these skills specifically in order to apply them. The focus of our teaching points will last for blocks of two weeks, and will be placed in the newsletter.

Social Skills Topic 3: **Sharing**

<table>
<thead>
<tr>
<th><strong>Dos</strong></th>
<th><strong>Don’ts</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Put away or use privately anything you do not want to share or really don’t want to share because it is special to you (Eg: something a friend brought back from a trip.)</td>
<td>☑ Don’t show off things that you are not prepared to share with others.</td>
</tr>
<tr>
<td>☑ Offer to share your things when you feel other people would enjoy them too.</td>
<td>☑ Don’t refuse to share the things that you are willing to show /share in public.</td>
</tr>
<tr>
<td>☑ Is someone asks you to use something of yours say yes and show them how to use it properly, and tell them where you would like it used and any special care needed.</td>
<td>☑ Don’t hog things which do not belong to you, and which other people are wanting to have a turn at.</td>
</tr>
<tr>
<td>☑ If you and another person both want to use something that neither of you own, take turns at using it for an equal amount of time. You may need to negotiate this.</td>
<td></td>
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Parents, we ask that you too go through these skills with your children, and discuss the dos and don’ts. Perhaps you can ask them if they have tried some of the strategies and what the result was. Children learn best when they are supported from both school and home with a consistent message. Your assistance is greatly appreciated.

**Newspaper skills** **Practise to be a journalist**

This website could definitely make practising writing and spelling more interesting for all of us. Make a newspaper clipping with your own headline and story. Your child may even start imagining themselves as a publisher or journalist. [http://www.fodey.com/generators/newspaper/snippet.asp](http://www.fodey.com/generators/newspaper/snippet.asp)

**Advertising**

**Now taking advertising for Term 2.**

Rates are $60 per term for advertising on the front page of this newsletter. Please contact the office for further details.

**Crossing Supervisor and Gate Opening Times**

The crossing on Cambria Avenue is manned from 8.30—9.30am and 2.45—3.45pm by the appointed RTM Crossing Supervisor who will open the Cambrai gate at 3.20pm. Please do not ask for this gate to be opened early. If you need to come in earlier, please come through the Office. The other school gates will be opened shortly after the bell at 3.30 by the teacher on duty. Please be patient as the teacher needs to take care of her class and make his/her way to the gate. Please note that the Dernancourt gate will be closed just before the bell in the mornings for safety reasons.
Mother’s Day Raffle!

Be in with your chance to win Mum an affordable mothers day gift.

You could win a beautiful basket of goodies valued at $145!

Tickets are only 50¢ each

On sale the first two weeks of Term 2, Tuesday and Thursday mornings outside the school library from 9am

All funds raised go towards Year 6 2015, farewell activities and Gift to the School.
**School News - Cont’d**

**Permission Notes and Payments**

Please ensure that all permission notes and payments go to the office and are placed in the payments box. Place the permission notes and payments in your child’s teachers slot. Thank you for your assistance.

**Mother’s Day Mufti Day and Gift Donations**

Don’t forget that Mother’s Day gift donations are due on Thursday 30th April, children can come to school dressed in mufti and donate a gift for the stall.

Mother’s Day stall wrapping night is Monday 4th May and will be held in the staff room from 6.30pm - 8.30pm. If you can spare some time, please come and help support our school.

Mother’s Day stall will be held on Thursday 7th May. Gifts may be purchased for $5.00.

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**Canteen Open Times**

New Opening Times
Wednesday, Thursday & Friday
ONLY — Closed Monday & Tuesday

**Canteen News**

Canteen will resume for Term 2 on Thursday 23rd April.

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**Canteen Roster - Term 2 2015**

<table>
<thead>
<tr>
<th>Week Starting</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>27-April</td>
<td>Carla Kovacs</td>
<td>Shirley Keats</td>
<td>Cherlyn Hare</td>
</tr>
<tr>
<td>4-May</td>
<td>Tamara Johns</td>
<td>Melissa Pearce</td>
<td>Michelle Slyney</td>
</tr>
<tr>
<td>11-May</td>
<td>Kellie Caspersonn</td>
<td>Suzanne Dymond</td>
<td>Bec Bullock</td>
</tr>
<tr>
<td>18-May</td>
<td>Erin Hick</td>
<td>Jasmin Barnes</td>
<td>Lyndal Carter</td>
</tr>
<tr>
<td>25-May</td>
<td>Jody Mielke</td>
<td>Kirsty Merrill</td>
<td>Kirsten Spry</td>
</tr>
<tr>
<td>1-June</td>
<td>Carla Kovacs</td>
<td>Lee Johnston</td>
<td>Kristin Buckley</td>
</tr>
<tr>
<td>8-June</td>
<td>Tamara Johns</td>
<td>Donna Webb</td>
<td>Karen McGowen</td>
</tr>
<tr>
<td>15-June</td>
<td>Kellie Caspersonn</td>
<td>Vanessa Collinson</td>
<td>Sharon Reynolds</td>
</tr>
<tr>
<td>22-June</td>
<td>Kelly-Ann Ottaway</td>
<td>Megan Hall</td>
<td>Allison Emanuel</td>
</tr>
</tbody>
</table>

If you cannot make it on your day please organise to swap with somebody else. If this is not possible please leave a message for Deidre at the school.

Thanks for your continuing support of the canteen, the children love to see you there.
School Banking will resume on the first week of Term 2.
Please bring your deposit books into your class on Thursday.
Banking will processed and the deposit books will be returned to classes on Fridays.

Opening Hours
8.45am to 9.30am Week 5 Friday 22nd May
Orders can be left at the Office anytime with payment. Cash or cheque only. Cheques to be made out to Engadine Public School P & C Uniform Shop.

Second Hand Uniforms WANTED
The Uniform Shop is always happy to accept donations of second hand items in good condition. If you have any items you wish to donate, please bring them into the Office or direct to the Uniform Shop when it is next open.

Uniform Shop - UNDER NEW MANAGEMENT
As of Term 2, Mrs Cody from the Canteen will be overseeing the running of the Uniform Shop. Orders will still be placed in the Office money box and be filled fortnightly.
The Uniform Shop will open Wk 1 & 5 of each Term.

Please direct all enquiries to Mrs Cody on Wednesday to Friday from 9.30—11.00am. Please be aware she is also running the Canteen and not all orders/enquiries can be dealt with immediately.

Please help us support the transition with our volunteers and Mrs Cody.

Winter Uniform Orders
All Winter orders that were in by due date have now been filled except the microfibre jacket and trackpants which will arrive early Term 2.

Orders that were received after the deadline are being filled now but some stock items cannot be guaranteed.

Change-over to Winter Uniform
This year the date for all students to change over to winter uniforms is Monday, 11 May 2015.
FLU SEASON
Flu Season is here! Influenza is spread from person to person through coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection. Anyone who is sick with influenza symptoms should stay home until their symptoms are gone. Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use. Wash hands often with soap and water, especially after coughing or sneezing. Alcohol based hands cleaners are also effective. Avoid touching eyes, nose or throat. Germs spread that way. If your child develops influenza like illness, seek the advice of your family doctor as you would with any other illness. The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit’s vaccination page.

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See Change

*See Change* is a 6 session facilitated, small group program for families whose lives have been impacted by Drug and Alcohol Issues and/or Mental Health Issues.

*See Change* covers the following…

- Information on mental health issues, drug dependency and recovery
- The impact of these issues on families
- Understanding the process of change
- Strategies for reclaiming your life
- Tools for enhancing personal and family wellbeing

The Salvation Army has been working with families impacted by drug and alcohol issues for over 15 years and run a number of monthly support groups and education programs.

When: Wednesday's, 29th April—3rd June 2015
Where: The Salvation Army, 23 Kiora Road, Miranda
Time: 12.30pm—2.30pm
Spaces limited, bookings essential – to reserve your place please phone 9540 4460.
Win* one of TWO ZoosnooZ overnight stays at Taronga Zoo for the whole class

In support of UN Global Road Safety Week, 4-10 May 2015, on the theme children and road safety [#SaveKidsLives] we are inviting teachers and students to enter this fantastic competition aimed at reinforcing the basics of child road safety.

There will be two competitions: one for K-3 and one for Years 3-6 allowing Year 3 teachers to choose which best suits their students.

The first prize for each competition is a Taronga Zoo ZoosnooZ for the whole class with great runner-up prizes. The competition runs from Monday 27 April - Friday 22 May. Learn more [here](#).

Tell your fellow teachers about this competition and ask them to register for an email alert.

Order Free NRMA Road Safety resources
Email us: education@mynrma.com.au
Community News (Cont’d)

**FREE**

### Being a Mum

This three-hour program will help mothers to become more mindful parents and build skills to encourage closer relationships with their children.

You will learn to:
- understand yourself as a mum
- connect with your children
- discipline children in a positive way
- bring out the best in your children

**Monday, 11 May 2015**
9.30am to 12.30pm
Venue: Interrelate, Shop 1C
383-385 Port Hacking Road, Caringbah NSW

Bookings essential - Phone 8522 4450

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### Relating as Stepfamilies

This one day workshop assists couples to manage the demands of life as a stepfamily.

It will assist parents to:
- examine the challenges and positives of stepfamilies
- examine personal beliefs and the effects of holding onto these
- highlight the losses stepfamilies have suffered
- recognise the importance of developing stepfamily rituals
- compare different communication styles

**Saturday 16 May 2015**
9:30am to 4:30pm
$75 per couple
Venue: Family Relationship Centre
383 Port Hacking Road South, Caringbah 2229

Bookings essential - Phone 8522 4450
Morning tea & afternoon included.
One hour lunch break provided.

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### Seasons for Growth

This is an eight-week program for children aged 6 to 12 years that have experienced grief and loss in their lives due to a significant change such as death, separation of parents or a natural disaster.

Children will learn:
- to understand and talk about the normal range of emotions experienced during major change, grief and loss
- how to build positive relationships with family and friends
- how they can participate in a caring and confidential network of peers and adults
- about resilience
- how to plan for a realistic and hope-filled future

**Wednesday afternoons, 4:00pm to 5:00pm**
29 April – 24 June 2015
(Includes party week)
Venue: Interrelate, Shop 1C
383-385 Port Hacking Road, Caringbah NSW
Cost: $50 per child

Bookings essential - Phone 8522 4450

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### Enriching Lives - FREE Perinatal Support Program

Are you pregnant or have you recently had a baby and live in Sutherland Shire? Would you like to meet other new and potential new mothers; twice a month, while being supported and listening to inspirational speakers discuss adjusting to motherhood, creating a healthy attachment to your child, the importance of communication and play, self-care, knowing what to expect, managing your new life, redefining yourself, improving your relationship with your partner etc.

Then register for the FREE six-month Enriching Lives - Perinatal Support Program!

The program is aimed at providing you with the resources, peer support and knowledge you need to help you enrich your life and that of your child.

You will learn some new skills and make some new friends, learning supported, encouraged and ready to face the excitement of being a new mum.

**When:** 1.30pm – 3.00pm twice a month on Wednesdays from 11th March to 23rd Sept 2015
**Where:** Caringbah (5 minute walk from the station)
**To Register:** Group numbers are limited to 20 so be quick if you are interested in participating in the 6-month program. Registrations close: 5pm Fri 27th February 2015. Childcare costs will be covered.

Contact: Rosanne, Community Development Manager, Gymea Community Aid on 9524 9559 or cservice@grsw.nsw.gov.au for more information.

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Sutherland Shire