The Engadine Public School
WARATAH WHISPERS

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Kids yoga classes

Yoga Origins (100 Arnold, Bexley Street, Sutherland)
5yrs to 8yrs - Start Term 2 - April 21 - Tuesdays 4pm-4:45pm

$99
Enjoy our Exclusive makeover for
only $99.00 and receive absolutely FREE...
$30.00 OFF your makeup fee...
Full service...
$100.00 Free...
$150.00 Free...
$200.00 Free...

But... only available for the first 27 bookings...

Your child will receive a awesome goody bag as a thank you for booking!!!

9520 0511

Kids., $15
HIGH SCHOOL BOYS., $16
MENS., $20
SENIOR / PENSIONER., $15

SHOP 10
ENGADINE
TOWN SQUARE

Piano Play

Dimity
B Mus B Ed (Dist)

'Use the talents you posses,
for the woods would be very quiet
if no birds sang except the best' - Henry Van Dyke
0405024864
pianoplay.weebly.com
pianolessons@hotmail.com.au

Dyanamic! Fun! & Peaceful - everything the Body, Mind and Soul needs!

$99 - 20% off* term 2 - New? book in today!
Staff Professional Development  
Hendrika Green, Principal

Staff of Engadine Primary School attended a Staff Development Day on Saturday May 2, to learn about ‘Augmented Reality’. This was an inspiring workshop conducted by Mr Sam Gliksman, from America. Staff have many wonderful ideas for the implementation of the skills learnt in the workshop, and for working with students to develop some exciting displays and we hope to share these with our school community throughout the year.

School Reporting

As a result of implementing improved technology in 2014, for recording student attendance, wellbeing, class activities, and school records, staff have also had the opportunity to consider new reports for students. Whilst still bound by Departmental requirements for reports, staff been working collaboratively to redesign the school reporting system. Having taken into account parental feedback on our previous reporting structure, staff have been mindful to ensure the new report style will be easy to read and understand, giving parents a clearer perspective of the achievements of their children. Samples of these reports will be presented at our P & C Meeting. The reports will be amended to reflect changing requirements through the implementation of new Syllabus documents, and to show changed expectations of student learning over our two year teaching and learning cycle, across stages.

Interschool Chess Challenge—Congratulations Team!

Congratulations must go to our Stage 2 students who skilfully competed in the Interschool Chess Challenge on Friday, 8 May.

Each student arrived perfectly groomed in full school uniform, and they immediately stood out from the other schools. A credit to their families and the school, they were very excited, displayed courteous manners towards their opponents and were great sports - as well as having exemplary behaviour. We are proud of you, boys!

There were 50 students in total competing throughout the day—including, 3 high schools and 7 primary schools.

Our school team did exceptionally well to achieve an Individual 3rd Place (Well done Luke J.) and a collective School 3rd place. Well done team!

Special Thought

Kind hearts are the garden,
Kind thoughts are the roots,
Kind words are the blossoms,

Assemblies held  
FORTNIGHTLY On Even Weeks, Tuesday at 2:30pm

Canteen closed Monday and Tuesdays.
### School News Cont’d

#### Notes and Money Due

<table>
<thead>
<tr>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zone Cross Country - Monday 25 May</td>
<td>Heathcote Oval</td>
</tr>
<tr>
<td>Yr 4 COSOTP Sustainability Camp</td>
<td>Monday 18 May - Tuesday 19 May</td>
</tr>
<tr>
<td>SSSMF Jnr/Sen Choir &amp; Dance</td>
<td>Tickets on sale 27 May</td>
</tr>
<tr>
<td>Koori Kids on the Park</td>
<td>Indigenous Students $10.00. Return by 22 May</td>
</tr>
</tbody>
</table>

#### Key Value: Self Discipline (Personal Key of Success)

Self-discipline is one of the many important life skills that every child should learn. When children develop good discipline habits, they become better prepared to handle problems and reduce stress, which should serve them well throughout their lives.

Children with self-discipline are motivated to behave responsibly, even when their parents or teachers aren’t watching. They can choose to forgo immediate gratification and can make good choices without much input from others (like their friends, siblings, parents or teachers).

Children who have self-discipline, have control over their emotions. They’ve learned anger management skills and are able to manage and control impulsive behaviour. They can respond respectfully when adults correct them and they can take responsibility for their behaviour.

These children have also learned to make healthy choices for themselves based on weighing the pros (positives) and cons (negatives) of their choices instead of just saying, “I have to do this because my parents or teacher said so.” They can make healthy choices in terms of chores, school and homework, money, peer pressure and self-care.

Learning self-discipline is a life-long process and many children will struggle with self-discipline at various times. Parents and teachers can give them age appropriate tools to help them practice using self-discipline throughout their childhood. The good news is, the more self-disciplined children become, the less discipline they’ll need from parents and teachers. When a child takes responsibility for things like: to brush his teeth on his own, get ready for school on time, complete class tasks, do his homework, it means less arguing, nagging and negative consequences. Instead, parents and teachers can focus on teaching new skills and building more positive relationships.

#### Due Dates

Parents and carers are advised due dates are established to ensure money is processed and numbers advised to service providers in time for all required planning.

**The school is strict on close off dates.**

We do not want our students, your children to miss out on valuable opportunities—and hence we ask you to help us with this.

Please ensure you pay by close off dates, or if you are experiencing difficulties, please advise the Office prior to the close off date so alternate arrangements can be negotiated, if appropriate.

It is TOO late after close off dates as commitments have already been made by this time.

#### Congratulations Multi-Cultural Speakers!

Congratulations to our students entering the local Final Multicultural Perspectives Public Speaking Competition at Grays Point Public School.

Representing Stage 3 will be Bradley for his speech 'Learning Languages' and Lara for her speech 'Growing up Together' Representing Stage 2 will be Luke for his speech 'Kids can make a difference' and Mikayla for her speech 'Harmony Day'

We wish them all the best at the finals.

#### Nominate a Teacher

‘A Day Made Better’ hunt for Australia’s best teachers. Each teacher nominated gets a certificate acknowledging their contribution to education. Nominate a teacher from our school that you value for their work with others. Nominations close in two weeks.

Throughout the school year, teachers focus on developing skills to building positive relationships among peers—some children learn these through experience and others need to be taught these skills specifically in order to apply them. The focus of our teaching points will last for blocks of two weeks, and will be placed in the newsletter.

**Social Skills Topic 4: Telling Someone to Stop Annoying You**

<table>
<thead>
<tr>
<th><strong>Do’s</strong></th>
<th><strong>Don’ts</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>stay cool</td>
<td>Don’t get aggro</td>
</tr>
<tr>
<td>stand tall</td>
<td>Don’t argue with them</td>
</tr>
<tr>
<td>say their name (if you know it)</td>
<td>Don’t annoy them back</td>
</tr>
<tr>
<td>look in their eyes</td>
<td>Don’t smile</td>
</tr>
<tr>
<td>say firmly and in a slightly louder voice something like “Cut it out” or “No more”</td>
<td>Don’t use a whingeing tone of voice</td>
</tr>
<tr>
<td>if they do it again, tell them more firmly to cut it out</td>
<td>Don’t try to get them into trouble</td>
</tr>
<tr>
<td>if they keep doing it you can:</td>
<td></td>
</tr>
<tr>
<td>ignore them, walk away, ask an adult for support if you feel you are in danger.</td>
<td></td>
</tr>
<tr>
<td>do this only as a last resort</td>
<td></td>
</tr>
</tbody>
</table>

Parents, we ask that you too go through these skills with your children, and discuss the dos and don’ts. Perhaps you can ask them if they have tried some of the strategies and what the result was. Children learn best when they are supported from both school and home with a consistent message. Your assistance is greatly appreciated.

**Advertising**

**Now taking advertising for Term 2.**

Rates are $60 per term for advertising on the front page of this newsletter. Please contact the office for further details.

**PSSA Results—Round 1**

<table>
<thead>
<tr>
<th><strong>Soccer</strong></th>
<th><strong>Netball</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Boys Vs Bangor</td>
<td>Junior A Girls Vs Heathcote East</td>
</tr>
<tr>
<td>Drew 0-0</td>
<td>Won 4-0</td>
</tr>
<tr>
<td>Senior Boys Vs Bangor</td>
<td>Junior B Girls Vs Menai</td>
</tr>
<tr>
<td>Lost 0-5</td>
<td>Drew 0-0</td>
</tr>
<tr>
<td></td>
<td>Senior A Girls Vs Heathcote East</td>
</tr>
<tr>
<td></td>
<td>Lost 4-21</td>
</tr>
<tr>
<td></td>
<td>Senior B Girls Vs Menai</td>
</tr>
<tr>
<td></td>
<td>Lost 3-22</td>
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</table>
The staff at our school are very proud of the majority of children who regularly bring crunch and sip to school every day.

We would now like to issue a new challenge for our kids to help promote healthy eating and a healthy lifestyle. We are asking that all children bring vegetables only for crunch and sip, eg. carrot sticks, cherry tomatoes, snow peas, celery sticks, etc and fruit for fruit break which is also known as their recess break. Children who bring vegetables for crunch and sip each day will be given incentives like stickers, table points, hi 5 hands, etc.

We are hoping that this will encourage children to bring healthier options to school in their lunchboxes and less packaged items, to promote healthier eating. This will also hopefully encourage and educate children to make healthier decisions about eating, now and for the future!

Canteen Roster

<table>
<thead>
<tr>
<th>Week Starting</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-May</td>
<td>Erin Hick</td>
<td>Jasmin Barnes</td>
<td>Lyndal Carter</td>
</tr>
<tr>
<td>25-May</td>
<td>Jody Mielke</td>
<td>Kirsty Merrill</td>
<td>Kirsten Spry</td>
</tr>
<tr>
<td>1-June</td>
<td>Carla Kovacs</td>
<td>Lee Johnston</td>
<td>Kristin Buckley</td>
</tr>
<tr>
<td>8-June</td>
<td>Tamara Johns</td>
<td>Donna Webb</td>
<td>Karen McGowen</td>
</tr>
<tr>
<td>15-June</td>
<td>Kellie Caspersonn</td>
<td>Vanessa Collinson</td>
<td>Sharon Reynolds</td>
</tr>
<tr>
<td>22-June</td>
<td>Kelly-Ann Ottaway</td>
<td>Megan Hall</td>
<td>Allison Emanuel</td>
</tr>
</tbody>
</table>

If you cannot make it on your day please organise to swap with somebody else. If this is not possible please leave a message for Deidre at the school or contact her on 0412 212 750.

Thanks for your continuing support of the canteen, the children love to see you there.

Canteen Open Times

**New Opening Times**  Wednesday, Thursday & Friday ONLY
— Closed Monday & Tuesday
School Photos

There are extra school photos available to view at the office. They are of: **House Captains, Year 6, Whole School and Leaders.** The cost is $14 per photo. Envelopes are available from the office. The correct money is required or payment can be made by credit card. The closing date is Friday 29 May 2015.

Banking News

Please bring your deposit books into your class on Thursday. Banking will be processed and the deposit books will be returned to classes on Fridays.

Uniform Shop News

**Opening Hours** : 8.45am to 9.30am

*The Uniform Shop will open Wk 1 & 5 of each Term. The next date will be Friday 22nd May*

Orders can be left at the Office anytime with payment. Cash or cheque only. Cheques to be made out to Engadine Public School P & C Uniform Shop.

**Second Hand Uniforms WANTED**

The Uniform Shop is always happy to accept donations of second hand items in good condition. If you have any items you wish to donate, please bring them into the Office or direct to the Uniform Shop when it is next open.

**Uniform Shop - UNDER NEW MANAGEMENT**

Orders will still be placed in the Office money box and be filled fortnightly.

Please direct all enquiries to Mrs Cody on Wednesday to Friday from 9.30—11.00am. Please be aware she is also running the Canteen and not all orders/enquiries can be dealt with immediately.

Please help us support the transition with our volunteers and Mrs Cody.

**Change-over to Winter Uniform**

All students should now be wearing winter uniform.

**Please Note**

We have an uncollected uniform order with no name. Please contact the office.
Zone Cross Country Rescheduled

Please note the changes to the Zone Cross Country.

**Venue:** Heathcote Oval  
**Date:** Monday 25 May 2015  
**Time:** Be at school by 8:15am for 8:30am departure. Students will return at 12.30pm.

Skoolbag

Just a quick note to let you know that you now have Version 3 of Skoolbag. It will be ready for download soon in both the Apple App and Google Play Stores.

We are excited to announce that this release fixes the issues with the current Android version, and also brings it up to date with the same features that have been on iPhone for some time.

You also now have a dedicated iPad version in the iPad App Store.

If parents have an earlier version of Skoolbag installed on their devices, they will see this new version as an app update, and will install it as an update. Some users may already have automatic updates switched on, in which case the app will update itself.

Community News

**Relating as Stepfamilies**

This one day workshop assists couples to manage the demands of life as a stepfamily. It will assist parents to:

- examine the challenges and positives of stepfamilies  
- examine personal beliefs and the effects of holding onto these  
- highlight the losses stepfamilies have suffered  
- recognise the importance of developing stepfamily rituals  
- compare different communication styles

**Saturday 16 May 2015**  
9:30am to 4:30pm  
$75 per couple

**Venue:** Family Relationship Centre  
383 Port Hacking Road South, Caringbah 2229

Bookings essential - Phone 8522 4450  
Morning tea & afternoon included.  
One hour lunch break provided.