The Engadine Public School
WARATAH WHISPERS

Sunshine REAL ESTATE

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Thinking of Selling? Call your local experts today!

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SALES & PROPERTY MANAGEMENT SPECIALISTS

commonKIDS speech, language, literacy

Does your child need help with Speech, Language or Literacy?

Our team of experienced and qualified speech pathologists can help with:

- Speech
- Language
- literacy
- speech, language and literacy
- social skills and school difficulties
- expressive communication difficulties
- receptive communication difficulties
- feeding, writing and reading difficulties
- difficulty learning and learning difficulties

Located in
Kilsyth and Parkhurst
www.commonkids.com.au

Kids yoga classes

Yoga Origins (51 Anzac, 51 East St, Sutherland)
5yrs to 8yrs - Start Term 2 - April 21 - Tuesdays 4pm-4.45pm

Some important benefits for children participating:

- Balance and coordination in a non-competitive environment
- Yoga provides both the child and the adult to explore a wide range of movements that would not usually be encountered, helping to promote awareness and deeper concentration
- Strengthens bones and muscles, great for growth and for other sports or activity
- Mindfulness and meditation to allow the mind to stay calm and focused, helping to develop self-esteem and self-confidence
- Movement is fun and engaging in every class, along with the opportunity to play and be with other kids

Dynamite! Fun! Peaceful! Everything the body, mind and soul needs!

*Members of the community can receive 10% off the class fee. More info online.
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<tr>
<td><img src="image1.png" alt="Image" /> <strong>Gap free check-ups for kids!</strong> Call US NOW 9942 3330 Health Associates provides quality health care at fair internet prices. Book in today for a Gap Free Check-Up with one of our resident orthodontists for all children under 12. No referral needed! No waiting is priced for all parents. DENTAL CARE. <strong>health associates</strong> 99A Loftus Ave, Loftus NSW <a href="http://www.healthassociates.com.au">www.healthassociates.com.au</a> <strong>Pediatric Foot &amp; Gait Check-Up</strong> <strong>Pediatric Posture Check-Up</strong></td>
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Our Amazing Dancers

Hendrika Green, Principal

What a fabulous treat the community were in for on Monday 1 June and Tuesday 2 June when our senior dancers performed for the elderly at the Engadine Community Plaza and again in the Regional Dance Festival 2015, held at the Bankstown Sport’s Club. I had the pleasure of witnessing their talent and style with which they performed and I must say they were excellent. What a fabulous show girls—you were simply the best! What a credit to their teacher, Mrs Perry and school and parents. A special thank you to Miss Harris who supported Mrs Perry for the Plaza event Mrs Raudaschl who assisted Mrs Perry for the evening performance.

Budding Chess Players

35 students attended our Chess demonstration at Engadine Public School Library held on June 3, 2015.

We hope to give these students a chance to develop their skills through more opportunities to play chess at school. It is wonderful to see so many students interested in such a game of strategy and skill!
**School News Cont’d**

### Notes and Money Due

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<td>Multicultural Perspectives</td>
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<td>Public Speaking</td>
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<td>Public Speaking Competition</td>
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<td>Information Note</td>
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<td>National Maritime Museum</td>
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<td>Dance Festival DVD Order Form</td>
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<td>P &amp; C Fete</td>
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### Key Value : Wellbeing (Community Key of Success)

Wellbeing can be defined as the condition of being contented, healthy, or successful; and is a welfare matter. Of course we want all students of our school to feel happy to be here, healthy and successful learners. Helping students to focus on their wellbeing, are the focus points on our award system where students aim towards improving levels of responsibility for looking after themselves and taking care of others, to make safe choices—ensuring they act in a manner that does not put themselves or others in danger, being sensible in their choices and actions, taking care of the environment in which they live, work and play and using strategies to build their resilience.

Wellbeing can be related to many aspects of our lives—having a group of friends can help us to have a sense of belonging and can improve our sense of well-being. Having a healthy self-esteem and optimistic outlook—where we look for the positives which are occurring in our lives can help us to feel good about our life and ourselves and therefore impact our sense of well-being.

Being in a pleasant environment can help to lift our spirits and sense of well-being and hence we try to make our school an appealing place for students to be. At school our aim is to be increasingly supporting students to develop skills in being able to identify personal goals for success. These need to be both realistic and achievable, so as a child aims towards these goals and succeeds, they increase their sense of personal wellbeing. We also support students to build friendship skills and to build their self-esteem as we are aware how important these factors can be to having a sense of personal worth and success. Continuing to build skills in the students of our school means they can take some important steps towards knowing they too can impact their own sense of wellbeing — an important skill for life.

### Due Dates

Parents and carers are advised due dates are established to ensure money is processed and numbers advised to service providers in time for all required planning.

**The school is strict on close off dates.**

We do not want our students, your children to miss out on valuable opportunities—and hence we ask you to help us with this.

Please ensure you pay by close off dates, or if you are experiencing difficulties, please advise the Office prior to the close off date so alternate arrangements can be negotiated, if appropriate.

It is TOO late after close off dates as commitments have already been made by this time.

### From the Office

**Please return underwear and other clothing provided to your child when they have had an “accident”**. We have a very limited supply of items to use for this purpose and when these items have not been returned we find we are unable to help the next child with the correct size. **All children should have a spare pair of underwear in their bags in case of an accident.**

We have various plastic containers left from our **Biggest Morning Tea** event. If you have forgotten to collect yours please enquire at the office.
Throughout the school year, teachers focus on developing skills to building positive relationships among peers—some children learn these through experience and others need to be taught these skills specifically in order to apply them. The focus of our teaching points will last for blocks of two weeks, and will be placed in the newsletter.

**Social Skills Topic 5: Ignoring someone who’s giving you a hard time.**

### Do's
- Stop looking at them
- Try to keep all the expression off your face. Look normal
- Turn your body around
- Do something else or talk to others near you
- If the other person keeps annoying you, stay cool and walk away calmly
- If you have already tried the above steps and they do not work, then seek support from an adult.

### Don'ts
- Don't look at them
- Don't smile
- Don't argue
- Don't insult back
- Don't get aggro
- Don't try to get them into trouble

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Parents, we ask that you too go through these skills with your children, and discuss the dos and don’ts. Perhaps you can ask them if they have tried some of the strategies and what the result was. Children learn best when they are supported from both school and home with a consistent message. Your assistance is greatly appreciated.

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**Congratulations to our dancing girls!**

A hearty congratulations to Allirah, Mirren and Samantha, who each competed in dance competitions recently. Our talented dancers each gained places in the competition. It is with pleasure we share information about budding talent from our school. Well done girls!

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**Anti-bullying**

Parents are advised there is a link available for a games based learning activity which may assist in developing strategies for children who are sensitive to other students’ interactions.

http://www.istopbullies.com/courses/

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**Sydney Parents Newsletter**

The newsletter link below is from the local councils and provides valuable support for families.

INFORMATION FOR PARENTS AND CARERS

Review of Special Religious Education and Special Education in Ethics in NSW government schools

The NSW Department of Education and Communities has commissioned an independent review of the implementation of Special Religious Education (SRE) and Special Education in Ethics (SEE) in NSW public schools. The review is being conducted by an independent research company, ARTD Consultants. This company provides services in evaluating public policy. The review will inform ongoing improvement of SRE and SEE for the Department and providers.

How can you participate in the review?

You can complete a survey up until 31 July 2015 via an online portal, located at this link: http://forms.artd.com.au/s3/Online-contribution-for-parents-carers

The survey is in English and has 19 questions. For most questions you can select an answer from the multiple choice options provided. Only two questions ask for written answers. Extra written feedback for another five questions may be provided if desired but is not essential.

Queries or complaints about the way the review is conducted

For questions or concerns associated with participation in the review or to raise a complaint about the conduct of the review, please contact the Leader, Quality Assurance, on (02) 9244 5025 or by email at SRE-SEE-Review@det.nsw.edu.au. All complaints will be treated confidentially.

Please note that Engadine Public School offers SRE classes, and as our numbers do not qualify for SEE classes we have values lessons for students in 3-6, conducted by a teacher of the school.

PSSA RESULTS ROUND 4

**Soccer**

| Junior Boys Vs Heathcote East | Lost 0-2 |
| Senior Boys Vs Heathcote East | Lost 1-8 |

**Netball**

| Junior A Girls Vs Helensburgh | Drew 5-5 |
| Junior B Girls Vs Helensburgh | Lost 2-6 |
| Senior A Girls Vs Helensburgh | Won 11-4 |
| Senior B Girls Vs Heathcote | Won 12-0 |

Website Financial System for school payments—Introduction - School Library 17 June 6pm

Engadine Public School is pleased to announce that a website financial service will be provided in Term 3, 2015. A parent meeting to be held in the School Library, on Wednesday 17 June at 6 pm, will show parents how the Parent Online Payment system will work and provide details of information which will be required to enable secure payments to be made. This new system is designed to save both time and congestion at the school Office counter. Parental support in accurate completion of details will assist in ensuring payments are recorded against students’ items.
Dear Parent or Caregiver,

My name is Vaughan Carr, and I am leading the New South Wales Child Development Study (NSW-CDS).

The NSW-CDS is a state-wide study of child development which aims to identify factors affecting later health, education, and behaviour in adolescence or adulthood. The study is being led by researchers at the University of New South Wales (UNSW) in collaboration with others at the Universities of Newcastle, Western Australia, and Canterbury (NZ), and in partnership with Government organisations including the NSW Department of Education and Communities, NSW Ministry of Health, and the NSW Department of Family and Community Services.

As part of this study, students enrolled in Year 6 of every primary school in NSW this year will be invited to participate in a survey of child mental health and wellbeing: The Middle Childhood Survey (MCS). This letter is to inform you that the Principal of your child’s school has agreed to conduct the survey during class time in Term 3.

The following information will help you decide whether you would like your child to take part. If you do not opt your child out, they will also have the opportunity to decide whether or not to participate during class time.

The MCS will gather a snapshot of child mental health and wellbeing within a longitudinal research study of children who were assessed using the Australian Early Development Index as they entered school in 2009. The MCS will gather information directly from the children about their thoughts, feelings, actions, and experiences at a critical stage of development, in order to better understand the needs of children in this age-group, and how programs and policies might be improved to promote their healthy development into adulthood. It is important to note that the MCS cannot be used to “label” children or diagnose a mental illness. Most children will complete the MCS in class under the supervision of their teacher. There will be no researchers at schools; the survey is designed for students to complete themselves. In the future, MCS responses will be combined with information from other organisations via record linkage processes; linked data may include, but is not limited to, child and parent records from Health (e.g., hospital admissions), Education (e.g., literacy and numeracy skills), Welfare (e.g., community services), and Justice (e.g., crime statistics) departments. These linkages will facilitate the long-term goal to develop policies and programs that promote the healthy development of all Australian children.

We stress that the privacy of your child’s responses will be protected at all times: all information gathered within the NSW-CDS is provided anonymously, and remains confidential (accessible only by the research team). Any findings from the research will be reported in such a way that individuals, schools, and small communities cannot be identified. We will also provide confidential feedback to the Principal of each participating school that summarises the mental health and wellbeing of children in the school, without identifying individual participants.

If you do not wish your child to participate in the MCS, you can complete the online Opt-Out Form. Even after your child has completed the survey, you have until the start of Term 4 [16 October 2015] to opt them out if you wish. This will ensure that your child’s survey answers are not provided to the researchers.

If you have any concerns about the conduct of the study, they may be directed to the Ethics Secretariat, The University of New South Wales, SYDNEY NSW 2052 (telephone: [02] 9385 6222, fax: [02] 9385 6648, email: humanethics@unsw.edu.au). Complaints will be investigated promptly and you will be informed of the outcome.

If you need any further information about any aspects of the NSW Child Development Study, please contact your child’s school for assistance.

Thank you for supporting the MCS.

Vaughan J. Carr
Professor, UNSW
A recent research study found that many students go to school without having eaten breakfast.

**Breakfast provides brain food.**

Eating breakfast each morning improves children’s learning, concentration, behaviour, overall nutrient intake, and establishes healthy eating patterns for life. Some quick options include:

- wholegrain cereals and reduced fat milk
- baked beans on wholegrain toast and a glass of reduced fat milk.
- fruit smoothie and toast
- toast topped with cheese and tomatoes
- eggs on toast with a glass of reduced fat milk
- Wholemeal/grain toast with margarine spread and toppings such as tomato, reduced fat cheese, baked beans
- Reduced fat yoghurt, fruit, raisin bread
- Fruit Salad and yoghurt

Serve breakfast with a glass of water or milk to get children hydrated.

### Canteen Roster

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<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>8-June</td>
<td>Tamara Johns</td>
<td>Donna Webb</td>
<td>Karen McGowen</td>
</tr>
<tr>
<td>15-June</td>
<td>Kellie Caspersonn</td>
<td>Vanessa Collinson</td>
<td>Sharon Reynolds</td>
</tr>
<tr>
<td>22-June</td>
<td>Kelly-Ann Ottaway</td>
<td>Megan-Hall</td>
<td>Allison Emanuel</td>
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If you cannot make it on your day please organise to swap with somebody else. If this is not possible please leave a message for Deidre at the school or contact her on 0412 212 750.

Thanks for your continuing support of the canteen, the children love to see you there.

### Canteen News

The Canteen is holding a TOASTIE DAY on Wednesday 24 June, Toasties will be $5.00 with a drink. A note will be sent home this week. Orders need to be in the canteen by Friday 19 June.
## School News Cont’d

### Uniform Shop

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<th>Opening Hours</th>
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**The Uniform Shop will open Wk 1 & 5 of each Term.**

Orders can be left at the Office anytime with payment. Cash or cheque only. Cheques to be made out to Engadine Public School P & C Uniform Shop.

**Second Hand Uniforms WANTED**

The Uniform Shop is always happy to accept donations of second hand items in good condition. If you have any items you wish to donate, please bring them into the Office or direct to the Uniform Shop when it is next open.

**Uniform Shop - UNDER NEW MANAGEMENT**

Orders will still be placed in the Office money box and be filled fortnightly. Please direct all enquiries to Mrs Cody on Wednesday to Friday from 9.30—11.00am. Please be aware she is also running the Canteen and not all orders/enquiries can be dealt with immediately.

**Please help us support the transition with our volunteers and Mrs Cody.**

**Please Note**

We have an uncollected uniform order with no name. Please contact the office.

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### Please help us help you!

Parents are Carers are reminded that within the school grounds they only have the right to speak with their own children. If another person’s child has an incident (perhaps fallen over, or bumped by another) it is not appropriate for another child’s parent or carer to intervene, even with the best of intentions. Others may feel that intervention by an adult other than a school employee may be threatening to their child. Please, advise a teacher and allow staff to deal with any matters of concern. At all times staff are concerned for the safety and well-being of all children of our school. Staff have a duty of care and a professional desire to assist all families in caring for their children. At no time within the school premises, or on the journey to and from school, should a parent approach another parent’s or carer’s child and confront them with questions or discussions unless there is prior consent of the child’s parent or carer. If parents or carers have a concern over any issues, please raise the matter with the Office and request an interview with staff concerned or the principal.

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### School Photos

There is still time to order the EXTRA school photos. There are 5 to choose from and you can view them at the office.

**House Captains, Year 6, Whole School, Leaders and SRC.**

The cost is $14 per photo. Envelopes are available from the office. The correct money is required or payment can be made by credit card. The closing date is now 8 June.
School Banking Rewards

The following rewards are currently available:

- 2013 Blue Wallet
- 2013 Headphones
- 2013 Knuckles Game
- 2014 Projector Cup
- 2014 Scented Pencils
- 2014 Shark Keyring
- 2014 Swim Bag
- ET DVD
- Intergalactic Rocket
- Invisible Ink Pens
- Handball

You can only get a school banking token if you make your deposit through school banking. If you have a large deposit, you can post your deposit book directly into the locked school banking slot in the office on any day of the week. It will be processed on Friday.

You can’t share or borrow tokens from another student. Rewards can only be claimed once you have 10 tokens (order as you make your 10th deposit).

Banking News

Please bring your deposit books into your class on Thursday. Banking will processed and the deposit books will be returned to classes on Fridays.

Community News

SHARKS BASKETBALL HOLIDAY CAMP

30th June to 3rd July 2015
9am - 2pm Age 7 to 15 years
T-Shirt & Ball for all Camp Participants

Download enrolment form from our website:

Waratah Park Rawson Ave Sutherland
Phone: 9542-1999 Fax: 9521-5696
Email: admin@sutherlandbasketball.net.au
Website: www.sutherland.basketball.net.au

Enrolments close 19th June 2015. (Unless maximum numbers are reached prior to closing date).