The Engadine Public School

WARATAH WHISPERS

Gap free check-ups for kids!

Health Associates provides quality health care at family friendly prices.

Book in today for a Gap Free Check Up with one of our expert professionals for all children under 12.

NO Private Health? No worries! A price fee applies. Only $99.50

Call us on 9542 3330

99A Loftus Ave, Loftus NSW
www.healthassociates.com.au

Podiatry
Foot & Gait
Check-up

Chiro
Shine & Posture
Check-up

communIKIDS
speech, language, literacy.

Does your child need help with Speech, Language or Literacy?

Our team of experienced and dedicated speech therapists can help with:

- Stuttering
- Late Talker
- Language delay in younger children
- Social skills and school transition
- Expressive, communicative and social difficulties
- Reading, writing and spelling difficulties
- Difficulties learning & retaining information

Located in
Milton and Parkhurst
www.communikids.com.au

Kids yoga classes

Yoga Origins (on Anzac, Eton Street, Sutherland)
5yrs to 8yrs - Start Term 2 - April 21 - Tuesdays 4pm -4.45pm

Some important benefits for children to participate in yoga:

- Tailored for children in a non-competitive environment
- Helps children with the ability to explore a range of movements that would not usually be encouraged, leading to increased confidence and deeper self-acceptance
- Aids with down-symmetric conditions, helping the body to heal and to feel better
- Improves concentration and overall well-being
- Develops a connectedness to the body, allowing the mind to focus and to relax
- Aids with overall health and wellness

Dynamically Fun & Peaceful - everything the Body, Mind and Soul needs

**Shorten essentials - Email info@dynamically.fit.au. For more details Beginner and other yoga classes visit, www.yogaharmony.com.au. **Please be 20min early, new faces are welcome.

YOGA 2 HARMONY

HELENSBURGH

Beginners+General+Advanced+Pre-Natal/Pregnancy
Mums’n’Bubs+Toddler+Kids 5–10yrs Yoga classes

Comfortable, carpeted, air-conditioned & private studio
Small classes for personal attention.

For bookings, enquiries & timetable contact—
Cherie on 0410 696 158 or
yoga2harmony@southernphone.com.au
Increasing electricity prices have hit the Heathcote electorate hard lately, with many households struggling to pay quarterly bills that have risen by 114% over the last 5 years.

To help Shire residents learn what they can do to counteract this rise, The Energy Efficiency Experts is delivering a series of free energy-saving workshops next week.

Previous participants have described the events as “informative”, “entertaining” and “hugely practical”.

“By applying what you learn from these workshops, you can expect to reduce your electricity bill by as much as 75%,” says Carolyn Lee, of The Energy Efficiency Experts. “We’ll show you how easy it is to use less electricity without compromising your creature comforts. We’ll also guide you on how to pay less for the electricity you buy, and how to offset the bulk of your bills through solar power and other energy-saving technologies.”

**When & Where:**

- **Tuesday 28 July 6:30-7:30pm** Club Engadine
- **Wednesday 29 July 6:30 -7:30pm** Tradies Helensburgh

A light supper will be provided.

**RSVPs essential:**

Please register your preferred date by COB Thursday 23 July:

theenergyefficiencyexperts.com.au/events

or by calling 0414 675 673.

**Proudly supported by:**

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This space available for advertising.
Contact the Office for terms.
**Welcome Back to Term 3**

Hendrika Green, Principal

Welcome back to all our students, staff and families. We hope you all enjoyed a wonderfully warm and happy holiday and are rested and refreshed, ready for another term. We welcome our relieving teachers, Mrs Alyson Corben and Mr Shaun Moody. I am sure they will enjoy this time with us.

**Education Week - Save the Date!**

Education week is fast approaching! We look forward to our students being able to present their many varied talents on our Open Day on Thursday, 30 July.

**Congratulations—Chelsea**

We congratulate Chelsea F, who has been selected in the Sutherland Shire Stingrays Under 9 girls representative Oz-Tag team to compete in the Australian Junior Oz-Tag Championships to be held in October at Coffs Harbour. It is always a wonderful achievement to represent sports at a higher level, and what makes this extraordinary is that Chelsea is playing for a higher age group than her actual age.

**New School Sign.**

Whilst it may appear that nothing has been happening in this area, please be advised the new school sign was ordered in early Term 2, and should be in place very soon. There has been a hold up with supply, out of the hands of the school. We look forward to again being able to inform our local community about up and coming events.

**Kindergarten Enrolments for 2016**

Applications are now open for Kindergarten Enrolments in 2016. All families with a child or children eligible to start school next year are encouraged to contact our Office and lodge an application to enroll.

Any non-local families are advised they will also need to complete an “Out Of Area” expression of interest. These requests are considered later in the year, when local numbers are known, as it departmental policy that schools are not able to grow, based on out of area applications. We know this can be challenging for some families. We will conduct Kindergarten interviews with all families early in Term 3. It is important that the school gains an accurate reflection of school numbers for Kindergarten in 2016, so we can begin to plan for the effective use of our resources. Your help in this regard is appreciated.
### School News Cont’d

<table>
<thead>
<tr>
<th>Notes and Money Due</th>
<th>Key Value : Application (Social Key of Success)</th>
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</table>
| Band Fees for Term 3 $110.00  
Instrument Hire $20.00  
Due 31 July | Application is defined as putting things into action.  
In the school environment, we ask that students apply themselves to the tasks that are assigned to them, whether in the classroom environment, on the playground, or in friendship groups. It means that we have an expectation that each student applies themselves to the best of their ability, with an aim to achieve their own personal best—at whatever level that may be. We aim to respect their effort. Some people try very little and achieve great results, but others may try with mammoth effort to achieve a lesser result—it is the effort we are aiming to acknowledge—and when each one is pushing themselves to their own limits, all will have a greater opportunity to improve their personal levels of success.  
Applying yourself so that you always put forward your best effort, means you show yourself in the best light at all times. It ensures that you are being valued for what you are able to do.  
Applying yourself to building relationships and friendships, means that you try to support others, and that you too seek support when you need it—not shutting others out of your world. These skills are important life skills for mental and social well-being. They also help to build personal self esteem.  
When applying yourself to a group task, others in your group understand that they can rely on you—it builds a sense of trustworthiness, and a knowledge that you will contribute a fair share to the entire group task. In turn it builds a sense of value in you as a valuable person to select in group tasks.  
As students consistently aim for their personal best, their opportunity to succeed increases and their sense of achievement in attaining improvement becomes an ongoing motivator. Students who have a high level of personal motivation to succeed tend to apply themselves better to tasks and so the cycle becomes self perpetuating. |
| Zone Athletics Carnival $10.00  
Due 6 August |  |
| Kindergarten Symbio Excursion & Living Eggs Due 7 August |  |

**Special Thought : David J. Schwartz**  
How we think shows through in how we act. Attitudes are mirrors of the mind. They reflect thinking.

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<table>
<thead>
<tr>
<th>PSSA RESULTS</th>
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Parents and carers are advised due dates are established to ensure money is processed and numbers advised to service providers in time for all required planning. **The school is strict on close off dates.**  
We do not want our students, your children to miss out on valuable opportunities—and hence we ask you to help us with this.  
Please ensure you pay by close off dates, or if you are experiencing difficulties, please advise the Office prior to the close off date so alternate arrangements can be negotiated, if appropriate.  
It is TOO late after close off dates as commitments have already been made by this time.

**SOCcer**  
Junior Boys vs Engadine West Lost 0-2  
Senior Boys vs Engadine West Lost 0-3

**Netball**  
Junior A vs Heathcote East Won 5-1  
Junior B vs Menai Won 1-0  
Senior A vs Heathcote East Lost 3-4  
Senior B vs Menai Won 26-0
Throughout the school year, teachers focus on developing skills to building positive relationships among peers—some children learn these through experience and others need to be taught these skills specifically in order to apply them. The focus of our teaching points will last for blocks of two weeks, and will be placed in the newsletter.

**Social Skills Topic 8: Dealing with Fights and Arguments**

**Do’s**
- Try to stay calm and talk through the problem using a respectful voice.
- If you, or the other person are getting angry or out of control say, “We’re getting too angry. Let’s talk about it later”, and walk away.
- Make sure you do follow it up later. When you’ve calmed down, recognise that allowing the bad feelings to continue is not a good thing. You are responsible for dealing with them.
- Put forward your point of view and talk about your feelings. (I felt left out when you did not include me in your games.)
- Let them put forward their point of view. Listen without interrupting, until they are finished.
- Try to find a way to be friends again.

**Don’ts**
- Don’t call the other person insulting names.
- Don’t say blaming things.
- Don’t try to shame the other person.
- Don’t hit or kick or use any kind of violence.
- Don’t be big-headed and assume that you are the only one who is right.

Parents, we ask that you too go through these skills with your children, and discuss the dos and don’ts. Perhaps you can ask them if they have tried some of the strategies and what the result was. Children learn best when they are supported from both school and home with a consistent message. Your assistance is greatly appreciated.

**Return of loaned underwear.**

Please return any loaned underwear to the school office, as our supplies have dwindled and we need to cater for any pressing needs.

We have a very small supply held in case of “accidents” and so would really appreciate their prompt return.
ON LINE PAYMENTS

We now have the facility to make payments on-line.

Cash, cheques and credit cards are still acceptable, however, you have the choice to pay for excursions, school contributions etc., run by the school on-line.

You CANNOT pay for Uniforms, Book club, Banking, Lunch orders, canteen special promotions e.g. Hot Dog Day or any other activity run by the P & C as they have their own finance system which is not connected to the school.

Please note, if you pay on-line you will not receive a receipt from the school but you will have the option to print a receipt or email a copy of the receipt to yourself during the first step of the payment process. When you pay on-line you still need to return any permission notes to the school. Students without a permission note will be unable to attend an excursion.

The cut-off time for payments is 6pm and any payments made after this time will go onto the following day’s banking. Please be aware of this when nearing the Due Date for activities so your child does not miss out i.e. payment made on-line Monday 13/7/15 shows on the account on Tuesday 14/7/15. If the payment is made after 6pm it will not show until Wednesday 15/7/15.

PLEASE NOTE that for privacy and security of data, no student or card details are maintained within the Westpac or School site therefore you must enter the card details with each payment.

To make a payment on-line, got to the School Website and click on MAKE A PAYMENT box and then follow the steps:

Student Registration Number — Leave this blank

Date of Birth— is needed to assist the school in distinguishing students with similar names

Errors - are shown in red. You need to fix these “errors” to progress to the next screen.

Cards Accepted— are Visa or MasterCard only. Account numbers are masked on any reports to the school.

If you make an error, contact the school on 9520 8559 and the transaction can be cancelled.

WOOLWORTHS EARN & LEARN

Woolworths Earn & Learn is back. Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It’s simple to participate. From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There’ll be one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box, either at your local school or at your local Woolworths.

We have a great opportunity to collect Earn and Learn tokens for our school.
Please bring in your dockets in bundles of 10, and leave them in the box provided. These dockets provide us with valuable opportunities to secure much needed resources for classrooms and the school.

We look forward for your donations!
A recent research study found that many students go to school without having eaten breakfast.

**Breakfast provides brain food.**

Eating breakfast each morning improves children’s learning, concentration, behaviour, overall nutrient intake, and establishes healthy eating patterns for life. Some quick options include:

- wholegrain cereals and reduced fat milk
- baked beans on wholegrain toast and a glass of reduced fat milk.
- fruit smoothie and toast
- toast topped with cheese and tomatoes
- eggs on toast with a glass of reduced fat milk
- Wholemeal/grain toast with margarine spread and toppings such as tomato, reduced fat cheese, baked beans
- Reduced fat yoghurt, fruit, raisin bread
- Fruit Salad and yoghurt

Serve breakfast with a glass of water or milk to get children hydrated.

### Canteen Roster Term 3

<table>
<thead>
<tr>
<th>Week Starting</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 July</td>
<td>Carla Kovacs</td>
<td>Shirley Keats</td>
<td>Bec Bullock</td>
</tr>
<tr>
<td>27 July</td>
<td>Tamara Johns</td>
<td>Melissa Pearce</td>
<td>Michelle Slyney</td>
</tr>
<tr>
<td>3 August</td>
<td>Kellie Caspersonn</td>
<td>Suzânné Dymond</td>
<td>Cherylyn Hare</td>
</tr>
<tr>
<td>10 August</td>
<td>Erin Hick</td>
<td>Jasmin Barnes</td>
<td>Lyndal Carter</td>
</tr>
<tr>
<td>17 August</td>
<td>Jody Mielke</td>
<td>Kirsty Merrill</td>
<td>Kirsten Spry</td>
</tr>
<tr>
<td>24 August</td>
<td>Carla Kovacs</td>
<td>Lee Johnston</td>
<td>Kristin Buckley</td>
</tr>
<tr>
<td>31 August</td>
<td>Tamara Johns</td>
<td>Donna Webb</td>
<td>Karen McGowen</td>
</tr>
<tr>
<td>7 September</td>
<td>Kellie Caspersonn</td>
<td>Vanessa Collinson</td>
<td>Sharon Reynolds</td>
</tr>
<tr>
<td>14 September</td>
<td>Kelly-Ann Ottaway</td>
<td>Megan Hall</td>
<td>Allison Emanuel</td>
</tr>
</tbody>
</table>

If you cannot make it on your day please organise to swap with somebody else. If this is not possible please leave a message for Deidre at the school or contact her on 0412 212 750.

Thanks for your continuing support of the canteen, the children love to see you there.
Tuesday 6 August is BEEF BURGER DAY. Students will be able to pre-order a burger and drink for $5.00. Look out for the note coming home soon.

Uniform Shop

Opening Hours: 8.45am to 9.30am

The Uniform Shop will open Wk. 1 & 5 of each Term.

Second Hand Uniforms WANTED

The Uniform Shop is always happy to accept donations of second hand items in good condition. If you have any items you wish to donate, please bring them into the Office or direct to the Uniform Shop when it is next open.

Uniform Shop

Orders are to be placed in the Office money box and will be filled fortnightly. Cash or cheque only. Cheques to be made out to Engadine Public School P & C Uniform Shop.

Please direct all enquiries to Mrs Cody on Wednesday to Friday from 9.30—11.00am.

Please be aware Mrs Cody is also running the canteen and not all orders/enquiries can be dealt with immediately.

Banking News

Bring your banking in on Thursday, for processing on Friday morning. Deposit books are returned on Friday. You can use the locked pigeon hole in the office for larger amounts, or to drop your book off anytime in the week (up until 9.30 on Friday morning).

If you’d like to know more, please chat with Kelly Bilek or Cherylyn Hare (0404 405 201)

New rewards for Term 3 are:

- Cosmic Light Beam Torch
- Glow-In-the-Dark Solar System.

Term 1 and 2 rewards are still available. The Invisible Ink Pens are on back-order (we don’t know how long you might have to wait) and there is a limited supply of handballs. There are plenty of Intergalactic Rockets and ET DVDs.

Other available rewards are:

- Blue Wallet (2013)
- Knuckles Game (2013)
- Dollarmites Money Box (2014)
- Headphones (these clip over the ear) (2014)
- Projector Cup (2014)
- Shark Keyring (2014)
- Swim Bag (2014)
- Scented Pencils (2014)

Anyone with a Commonwealth Bank Youth saver account can bank at school. Accounts can be opened online if parents already have a Commonwealth bank account, otherwise visit a Commonwealth Bank branch.

We also process deposits for siblings who don’t attend the school. Please group sibling deposit books together with the student’s book using an elastic band.
We congratulate Caitlyn H whose artwork was selected to be printed in the Sutherland Shire Schools Music Festival (SSSMF) program for 2015. She will receive a certificate of acknowledgement at Tuesday’s assembly—Week 2. Well done Caitlyn!

Each year, a number of artworks, reflecting student art works are placed on display in the foyer area of the Sutherland Entertainment Area. Artworks selected this year show great skills and expertise in techniques and use of media. Well done all students!

**ART DISPLAY WORKS SELECTED**

<table>
<thead>
<tr>
<th>PANEL 1</th>
<th>PANEL 2</th>
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</thead>
<tbody>
<tr>
<td>Braden C. 3/4B</td>
<td>Kailey D. 5/6CW</td>
</tr>
<tr>
<td>Dale C. 3/4B</td>
<td>Kurtis H. 5/6CW</td>
</tr>
<tr>
<td>Ben G. 3/4B</td>
<td>William W. 5/6CW</td>
</tr>
<tr>
<td>Lucy B. 5/6D</td>
<td>Cody R. 5/6D</td>
</tr>
<tr>
<td>Georgia H. 5/6D</td>
<td>Talia C. 5/6CW</td>
</tr>
<tr>
<td>Jade H. 5/6D</td>
<td>Maliya M. 5/6D</td>
</tr>
<tr>
<td>Tara M. 5/6D</td>
<td>Sophie C. 5/6CW</td>
</tr>
<tr>
<td>Madison R. 5/6CW</td>
<td>Traci G. 5/6CW</td>
</tr>
<tr>
<td>Gabrielle B. 5/6CW</td>
<td>Darcie P. 5/6D</td>
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</table>
ENGADINE DRAGONS CRICKET CLUB REGISTRATIONS

ALL GAMES ARE HELD ON SATURDAY MORNINGS.

GAMES RUN FOR 1.5 Hrs (U8s) & 2 Hrs (U10s)
STARTING TIMES ARE BETWEEN 8AM & 10AM WITH ALL GAMES FINISHED BY MIDDAY

ALL PLAYERS PARTICIPATE WITH BATTING & BOWLING EVENLY SHARED. playing equipment supplied.

ALL PLAYING EQUIPMENT SUPPLIED.

ALL NEW REGISTRATIONS RECEIVE PLAYING CAP.

Registrations
Saturday 18th July 10am – 12pm
Sunday 19th July 10am – 12pm
Saturday 25th July 9am – 1pm
Sunday 26th July 9am – 1pm

At the EDCC Club Room, Top Floor, ANZAC Oval Recreation Centre, ANZAC Avenue, Engadine

www.engadinedragonscc.org.au