The Engadine Public School
WARATAH WHISPERS

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CHECK UP

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CHECK UP

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www.healthassociates.com.au

Kids yoga classes

Yoga Origins (Eton Arcade, Eton Street, Sutherland)
5yrs to 8yrs - Start Term 2 - April 21 - Tuesdays 4pm-4.45pm

Some benefits of yoga for children include:
- Better concentration in a non-competitive environment
- Aids provides a path for the children to explore a wide range of movements that would not usually be encountered, leading to an increased awareness and greater communication
- Strengthens both body and mind and is a great complement for any other form of exercise
- Practices such as breathing and meditation help to alleviate anxiety, back pain or muscle
- Practices are practiced. In every class, along with some fun and challenging games, the class finishes with kids

Yoga 2 Harmony

HELSENBURGH

Beginners + General + Advanced + Pre-Natal/Pregnancy
Mums’n’Bubs + Toddler + Kids 5–10yrs Yoga classes
Comfortable, carpeted, air-conditioned & private studio
Small classes for personal attention.

For bookings, enquiries & timetable contact
Cherie on 0410 696 158 or
yoga2harmony@southernphone.com.au
ENGADINE DRY CLEANERS
WEDDING GOWN SPECIALISTS
67 STATION STREET
ENGADINE
PHONE: 9520 8250

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watkinstapsell.com.au | 9521 6000
TERM 3, Week 4 - 3 August

2015

Term 3

August
6  Beef Burger Day
11  Jnr Choir/Dance Matinee Concert SSSMF
12  2016 Kindy Parent Information Evening
12  ICAS Maths
12  Jnr Choir/Dance Concert
12  Zone Athletics Carnival
13  School Spelling Bee
16  Engadine Street Festival
18  Public Speaking
19  Kindy Public Speaking
9:30—10.00am
19  Snr Choir full day rehearsal
20  Sen Choir/Dance Concert
20  Kindy Symbio Excursion
29  School Fete
30  Engadine Music Show - Hall

September
3  Fathers Day Stall
5  Flower Show

Term 4
December
15  Year 6 Dinner
16  Year 6 Graduation

Assemblies held FORTNIGHTLY On Even Weeks, Tuesday at 2:30pm

Canteen closed Monday

2016 Kindy Parent Information Evening
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Term 3 - Week 4 of Term 3

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Healthy Bones Action Week—3 to 9 August 2015

Healthy Bones Action Week encourages people of all ages to protect their bones. Take the following actions to build and maintain healthy bones:
1. Increase daily serves of calcium through milk, cheese or yoghurt
2. Go for a walk or commit to some form of regular exercise
3. Spend time outdoors to get more Vitamin D.

Check the website below for more information and ideas.

Kindergarten Enrolments and Planned Movements In or Out of Area

Applications are open for Kindergarten Enrolments in 2016. All families with a child or children eligible to start school next year are encouraged to contact our Office and lodge an application to enroll. Any non-local families are advised they will also need to complete an “Out Of Area” expression of interest. These requests are considered later in the year, when local numbers are known, as it is a departmental policy that schools are unable to grow, based on out of area applications. We know this can be challenging for some families.

Kindergarten interviews have commenced this term, and it is important that the school gains an accurate reflection of school numbers for Kindergarten in 2016, so if you are aware of families who are yet to apply, please encourage them to do so.

Additionally, if you are aware that you will be moving out of the area and changing schools in 2016, it would be most helpful to the school office if we are advised. Similarly, if you are aware of families moving into the area, encourage them to enroll sooner, rather than later. Student numbers are reviewed from August in each year and staffing allocations are made based on expected numbers. A clear indication assists in appropriate and effective management of all resources.
PLEASE NOTE

A 2010 study by the University of Sydney has confirmed the importance of school students setting and pursuing 'personal bests' in achieving success. The results of the study showed that students who pursued academic 'personal bests', were significantly more likely to achieve at a higher level, complete homework, participate in class, enjoy school, hold positive educational aspirations, and persist at school tasks longer.

The results of the study confirm the benefits of 'personal bests' over time - that pursuing 'personal bests' in one year can have significant and positive reach into a student's academic life today and also one year later. These results are a timely reminder that genuine educational progress is when individual students strive to reach and attain personal excellence. Both girls and boys benefit from positively adjusting their expectations of success based on their previous personal best, and motivating themselves by attempting to beat that prior personal best.

There is real educational merit in encouraging students to compete with themselves - more than compete with others. The energising properties of competition can be retained, but we eliminate the often counterproductive and dispiriting process of excessive comparisons with others.

At Engadine Public School we hope to use these personal bests for students to determine goals for their achievement and to help give all students a more effective and inspiring way of doing well at school. This is relevant to both high achievers who often outperform lots of other students but who might not be working to personal potential or capacity, and lower achievers who feel they are unable to achieve.

We hope all teachers and families can support us in this. It is important because those who actively instil and sustain this focus of personal bests will not only be assisting outcomes, but also teaching a valuable orientation to life more generally.

What more can we ask of a student than to strive for personal excellence?

Notes and Money Due

<table>
<thead>
<tr>
<th>Event</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deer Park Excursion $310.00</td>
<td>By 28 October</td>
</tr>
<tr>
<td>Band Fees for Term 3 $110.00</td>
<td>31 July</td>
</tr>
<tr>
<td>Instrument Hire $20.00</td>
<td></td>
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<tr>
<td>Zone Athletics Carnival $10.00</td>
<td>6 August</td>
</tr>
<tr>
<td>Kindergarten Symbio Excursion &amp; Living Eggs</td>
<td>Due 7 August</td>
</tr>
</tbody>
</table>

Special Thought: Albert Einstein.
Imagination is more important than knowledge.

Key Value: Excellence (Personal Award)

PSSA

<table>
<thead>
<tr>
<th>Sport</th>
<th>Event</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Netball</td>
<td>Semi-Finals</td>
<td></td>
</tr>
<tr>
<td>Senior A Team</td>
<td>Did not play</td>
<td></td>
</tr>
<tr>
<td>Senior B Team</td>
<td>Vs Marton</td>
<td>Drew 3-3</td>
</tr>
<tr>
<td>Junior A Team</td>
<td>Vs Alfords Point</td>
<td>Lost 2-7</td>
</tr>
<tr>
<td>Junior B Team</td>
<td>Vs Marton</td>
<td>Lost 3-5</td>
</tr>
</tbody>
</table>

Soccer

Our soccer teams played a friendly against

MINDQUEST

On Saturday 12 and Sunday 13 September 2015 the 76th NSW Talent Enrichment Weekend MINDQUEST will be held for primary students from years 1-6 at St George Girls HS. These include gifted and talented students, gifted underachievers and students with above average ability with a special interest. Students will have an opportunity to participate in over 38 exciting, fast paced courses in the two day program. They include courses in chemistry, earth sciences, drama, Lego robotics, art and much, much more. Many of these highly successful courses have been run in the past and students’ evaluations suggest that they have been challenged and enriched by the experience. The cost of the weekend is $180 (including GST).

Contact the school office for a brochure or ring Shelagh Poray 4232 2494. Closing date is Monday 17 August 2015.
Throughout the school year, teachers focus on developing skills to building positive relationships among peers—some children learn these through experience and others need to be taught these skills specifically in order to apply them. The focus of our teaching points will last for blocks of two weeks, and will be placed in the newsletter.

**Social Skills Topic 9: Asking An Adult for Support**

Parents, we ask that you too go through these skills with your children, and discuss the dos and don'ts. Perhaps you can ask them if they have tried some of the strategies and what the result was. Children learn best when they are supported from both school and home with a consistent message. Your assistance is greatly appreciated.

**Do's**
- Make sure you have tried other ways to deal with being given a hard time, before you ask an adult for support.
- Make sure you really want to stop the annoying behaviour, not just get them into trouble.
- Ask them to stop the behaviour e.g. “Stop pushing”. If they continue say “If you don’t stop, I’ll go and ask the teacher for support”
- Approach a teacher, look in their eyes and stand tall
- In a firm voice, tell them what the problem is and what you have already tried to do to deal with it

**Don’ts**
- Don’t ask for adult support until after you've tried to deal with it yourself.
- Don’t just try to get the other person into trouble.
- Don’t choose an inconvenient time to talk to the teacher (unless it’s an emergency).
- Don’t look up in the air or down at the ground.
- Don’t use a whingeing or complaining tone of voice.
- Don’t keep threatening to ask for support. Just say it once and then do it.

Stay Cool.
When all else fails you can ask for help

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**Return of loaned underwear**

Please return any loaned underwear to the school office, as our supplies have dwindled and we need to cater for any pressing needs.

We have a very small supply held in case of “accidents” and so would really appreciate their prompt return.

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**Woolworths Earn & Learn**

Please keep collecting the Earn & Learn stickers for our school.

Stickers can be placed in the box which is located .................

Thank you for your support.
After a whole school ‘flashmob’ starting the performances of the day, families moved to the hall to be entertained. Kindergarten amazed us with their bug song and their chirpy, friendly clapping song.

Wonderful singing Kindergarten—it really looked like you were having fun!

Our Japanese singing Stage One wowed our audience with their swift counting and their bright and bubbly singing.

Some who knew Japanese in the audience were particularly amazed at the children's ability to say the words so clearly in their songs. Excellent example of our Asian studies in action Year One!

Stage Two students sang a particularly moving song celebrating the 100 years of the ANZACS. With images of war being showing behind the chorus, it was a very touching experience. Children added to the ambience with their solemn faces and excellent articulation of the lyrics. Well done children—really worth hearing over again!

The choir were so harmonious in their singing too. They sure surprised the audience singing the National Anthem in Aboriginal language—again a fabulously well delivered item.
Open Day Celebrations

Stage 3 performed ‘Sudako and the Thousand Paper Cranes’—it was incredible! Much thanks must go to Mrs MacAlpine for her work with the students and teachers to polish this magnificent and deeply moving performance.
After a shared morning tea, our students returned to classes, while our dance ensembles finished the celebrations of the day, entertaining our families, yet again. Much thanks to Mrs Perry, Miss Harris, Mrs Raudaschl and Ms Carter for their continued work with our dance groups.
Free School Readiness Seminars.

Sutherland Shire Council, in conjunction with local public schools, is hosting free ‘Preparing your Child for School and Beyond’ seminars. The seminars will help guide parents as to their child’s readiness for Kindergarten. Parents will also learn practical tips to help prepare their child for the classroom.

Join us, irrespective of where your child is starting school.

**Time:** ........ 6.30pm-8.30pm

**Dates:** ....... 5 August: Jannali Public School
11 August: Caringbah North Public School
19 August: Menai Public School

**BOOKINGS ESSENTIAL**
Child minding potentially available (pending numbers).

CHILDREN’S SERVICES
Bookings: via the website, phone 9710 0827 or rtotraining@ssc.nsw.gov.au
ON LINE PAYMENTS

We now have the facility to make payments on-line.

Cash, cheques and credit cards are still acceptable, however, you have the choice to pay for excursions, school contributions etc., run by the school on-line.

You CANNOT pay for Uniforms, Book club, Banking, Lunch orders, canteen special promotions e.g. Hot Dog Day or any other activity run by the P & C as they have their own finance system which is not connected to the school.

Please note, if you pay on-line you will not receive a receipt from the school but you will have the option to print a receipt or email a copy of the receipt to yourself during the first step of the payment process. When you pay on-line you still need to return any permission notes to the school. Students without a permission note will be unable to attend an excursion.

The cut-off time for payments is 6pm and any payments made after this time will go onto the following day’s banking. Please be aware of this when nearing the Due Date for activities so your child does not miss out i.e. payment made on-line Monday 13/7/15 shows on the account on Tuesday 14/7/15. If the payment is made after 6pm it will not show until Wednesday 15/7/15.

PLEASE NOTE that for privacy and security of data, no student or card details are maintained within the Westpac or School site therefore you must enter the card details with each payment.

To make a payment on-line, got to the School Website and click on box and then follow the steps:
Student Registration Number — Leave this blank
Date of Birth— is needed to assist the school in distinguishing students with similar names

School Gates—Opening and Closing Times

The school’s supervision roster starts from 9:00 am. As a school community, we are always most concerned for the safety and wellbeing of the students of our school.

From Week 5 of this term, gates will not be opened until 9am, as there are no appointed staff available to ensure the safety of children in the playground prior to that time. Whilst teachers may be at school preparing lessons or other tasks, it is a condition of their employment that they are not required to supervise students prior to the 9:00 am buzzer, and neither can they be guaranteed to be here every day, prior to 9:00 am.

As a school, we well understand that many parents have commitments at work which require them to leave Engadine before 9:00 am. However, there is available nearby the school, an Out of Hours School Care service which operates every school morning. The staff there walk the children to school and deliver them inside the gates at 9:00am each day.

As an alternative, parents may be able to make arrangements with friends or neighbours for the supervision of their children. Some families in the school with working parents take turns to take each other’s children to school. As well, many employers will be sympathetic to parents with responsibilities for caring for children and will allow some flexibility in parents’ working hours. By law, employers are restricted from treating an employee detrimentally on the grounds of their status as a carer.

Whatever arrangements are made by families, parents and carers need to understand that they remain legally responsible for their child prior to 9:00 am when supervision begins. In the interests of child protection and safety, please ensure your child is not left unsupervised.

School gates are locked at 9:30 am, (9:25 am on Dernancourt) and reopened as soon as possible after the 3:30 pm buzzer. This is to ensure the safety and well-being of all students of the school. Gates are then re-locked at 3:45 pm. The only entry point through the school at alternative times is through the front Office. We ask that you support us in our endeavours to keep your children safe at all times.
Our children are actively moving to gather the points they need to participate in and complete the Premier’s Sporting Challenge!

Canteen Roster Term 3

<table>
<thead>
<tr>
<th>Week Starting</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 August</td>
<td>Kellie Caspersonn</td>
<td>Suzanne Dymond</td>
<td>Cherylyn Hare</td>
</tr>
<tr>
<td>10 August</td>
<td>Erin Hick</td>
<td>Jasmin Barnes</td>
<td>Lyndal Carter</td>
</tr>
<tr>
<td>17 August</td>
<td>Jody Mielke</td>
<td>Kirsty Merrill</td>
<td>Kirsten Spry</td>
</tr>
<tr>
<td>24 August</td>
<td>Carla Kovacs</td>
<td>Lee Johnston</td>
<td>Kristin Buckley</td>
</tr>
<tr>
<td>31 August</td>
<td>Tamara Johns</td>
<td>Donna Webb</td>
<td>Karen McGowen</td>
</tr>
<tr>
<td>7 September</td>
<td>Kellie Caspersonn</td>
<td>Vanessa Collinson</td>
<td>Sharon Reynolds</td>
</tr>
<tr>
<td>14 September</td>
<td>Kelly-Ann Ottaway</td>
<td>Megan Hall</td>
<td>Allison Emanuel</td>
</tr>
</tbody>
</table>

If you cannot make it on your day please organise to swap with somebody else. If this is not possible please leave a message for Deidre at the school or contact her on 0412 212 750.
Thanks for your continuing support of the canteen, the children love to see you there.

August 6th—Beef Burger Day
**Uniform Shop**

**Opening Hours**: 8.45am to 9.30am

The Uniform Shop will open Wk. 1 & 5 of each Term.

**Second Hand Uniforms WANTED**

The Uniform Shop is always happy to accept donations of second hand items in good condition. If you have any items you wish to donate, please bring them into the Office or direct to the Uniform Shop when it is next open.

Orders are to be placed in the Office money box and will be filled fortnightly. Cash or cheque only. Cheques to be made out to Engadine Public School P & C Uniform Shop.

Please direct all enquiries to Mrs Cody on Wednesday to Friday from 9.30—11.00am.

Please be aware Mrs Cody is also running the canteen and not all orders/enquiries can be dealt with immediately.

**Year 6 Shirts**

There are a few Year 6 Shirts for sale in the canteen if anyone would like an extra size 12 or size 14. First in gets the shirts, $35.00 each.

**ON SALE - ORDER THROUGH UNIFORM SHOP**

- Maroon Fleecy Track Pants, (old style) $10 each - size 4, 14, 16 only.
- Maroon Flying Jacket $20.00 - size 6, 8, 10, 12, 14, 16, & small men’s.

**P & C News**

**Fathers Day Stall**

- 20 August: Fathers Day Stall Donations & Mufti Day. Please bring in a stall donation such as chocolates, toiletries, sports related items, car wash or BBQ related items.
  - Please remember for Mufti Day that thongs, sandals, singlets and midriff tops are not suitable.

- 4 August: Wrapping night 6.30–8.30pm in the staffroom.

- 3 Sept: Fathers Day stall. All gifts $5 each.

Thank you for your support.

**Banking News**

Bring your banking in on Thursday, for processing on Friday morning. Deposit books are returned on Friday.

You can use the locked pigeon hole in the office for larger amounts, or to drop your book off anytime in the week (up until 9.30 on Friday morning).

If you’d like to know more, please chat with Kelly Bilek or Cherylyn Hare (0404 405 201)

New rewards for Term 3 are:

- Cosmic Light Beam Torch

**Position Vacant Book Club 2016**

There is a vacant position for a Book Club co-ordinator for next year 2016 starting Term 1. No experience is necessary. If you would like to find out more please contact Mrs Kristy Hurley email kristyjhurley@gmail.com.