The Engadine Public School
WARATAH WHISPERS

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watkinstapsell.com.au | 9521 6000

Kindred Spirits
Hair, Earth, Body, Soul

EPS Mums Afternoons
$50 p/p (4 to 6 ladies)

- Mocktails on arrival
- Group games
- Paraffin hand treatment
- Foot soak + foot massage
- High Tea
- Promo bag

Bookings available Sundays from 1pm to 3.30pm, please phone: 0434 267 707 and mention this Ad.

Engadine After School iMove Dance Class

- Low cost fun Hip-Hop/Jazz dance class for ALL primary aged boys and girls.
- Cost effective after-school care.
- Over 120 students enjoy iMove every week in 4 Sydney locations.
- Qualified teachers for primary age students.
- Not just another dance school.
- No long term commitment.

- 1st Class FREE!!
- Free T-Shirt!!

Wednesdays 3:45-4:45pm
Engadine Public School Hall
To Enrol and Information:
Call Katelyn Boshell 0415839030
Email: www.heartartsdance.com
communiKIDS
speech, language, literacy.

Does your child need help with Speech, Language or Literacy?

Our team of experienced and dedicated speech therapists can help with:

- Stuttering
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Launched in
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John’s
BARBER SHOP

KIDS.. $15
HIGH SCHOOL BOYS.. $16
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SHOP 10
ENGADINE
TOWN SQUARE

YOGA 2 HARMONY

HELENSBURGH

Beginners + General + Advanced + Pre-Natal/Pregnancy
Mums’n’Bubs + Toddler + Kids 5-10yrs Yoga classes
Comfortable, carpeted, air-conditioned & private studio
Small classes for personal attention.

For bookings, enquiries & timetable contact--
Cherie on 0410 696 158 or
yoga2harmony@southernphone.com.au

Engadine
DRY CLEANERS

For the Professional Touch

Lilly & Manuel Rodrigues
Managers
email: portalia@bigpond.com

67 STATION STREET
ENGADINE NSW 2233
PHONE: 9520 8250
Flower Show

We enjoy opening our school for the benefit of the community—and the Annual Flower Show is no exception. Well done to the Gardeners Club, for their excellent displays.

Our P & C supported the event with a café and were able to raise in excess of $450 for their efforts. Our P & C are amazing, backing up to provide this support immediately after their mammoth efforts with our school fete. We are indebted to them for their dedication. Thanks so much!

Our Fabulous Fete

Assemblies held
FORTNIGHTLY On Even Weeks, Tuesday at 2:30pm
Next Assembly 15 September

Special Thought: George Elliston
How beautiful a day can be when KINDNESS touches it.
## School News Cont’d

### Notes and Money Due

<table>
<thead>
<tr>
<th>Event</th>
<th>Amount</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deer Park Excursion</td>
<td>$310.00</td>
<td>28 October</td>
</tr>
<tr>
<td>Summer PSSA</td>
<td>$40.00</td>
<td>9 September</td>
</tr>
</tbody>
</table>

### Congratulations Tye

It is always wonderful to have our students compete in Zone and Regional Carnivals in areas of talent. On Tuesday 1st September Tye competed at the Regional Athletics Carnival and achieved his personal bests in all events. What a fantastic achievement!

He went on to compete in the finals in the long jump event and came in 6th position at that level. He was an excellent ambassador for his school and he should be very proud of his fabulous results—as we as a school are—and I know his parents are too! Well done Tye—Congratulations on your fine results.

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### DoE Swim Scheme

This week our Department of Education Swim Scheme commenced for our students. Students in Year 2 and those students who would benefit from swimming lessons are invited to enrol and take part in this valuable program, which targets skills in swimming and floatation, to assist children in being and feeling safe when near the water.

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### Fruit and Vegetable Month 24th August to 18th September, 2015

‘Let’s Go Green’ is the theme for Fruit and Vegetable Month. We are encouraging our community to eat more Green foods (everyday foods) and less Amber and Red foods (sometimes food) during this time.

On Wednesday 2nd September we are inviting the children and staff to bring GREEN BEANS to eat at Crunch and Sip for the chance to enter The Sydney Markets ‘Eat Fresh and Win’ competition.

On Wednesday 9th September we are encouraging children and staff to bring a GREEN COLOURED FRUIT to eat at FRUIT BREAK (Recess). Fruit such as green apples, kiwi fruit, green grapes or honeydew melon may appeal to your palate. Those who participate will earn a sticker for their entry coupon.

On Wednesday 16th September we are encouraging children and staff to bring a GREEN SALAD to eat for lunch. Those who participate will earn a second sticker for their entry coupon.

Once the entry forms are complete with 2 stickers, they will be sent off to the competition. Good Luck to everyone who participates.

Key Value: Wellbeing

Wellbeing can be defined as the condition of being contented, healthy, or successful; and is a welfare matter. Of course we want all students of our school to feel happy to be here, healthy and successful learners. Helping students to focus on their wellbeing, are the focus points on our award system where students aim towards improving levels of responsibility for looking after themselves and taking care of others, to make safe choices—ensuring they act in a manner that does not put themselves or others in danger, being sensible in their choices and actions, taking care of the environment in which they live, work and play and using strategies to build their resilience. Wellbeing can be related to many aspects of our lives—having a group of friends can help us to have a sense of belonging and can improve our sense of well-being. Having a healthy self esteem and optimistic outlook—where we look for the positives which are occurring in our lives can help us to feel good about our life and ourselves and therefore impact our sense of well-being. Being in a pleasant environment can help to lift our spirits and sense of wellbeing and hence we try to make our school an appealing place for students to be. At school our aim is to be increasingly supporting students to develop skills in being able to identify personal goals for success. These need to be both realistic and achievable, so as a child aims towards these goals and succeeds, they increase their sense of personal wellbeing. We also support students to build friendship skills and to build their self esteem as we are aware how important these factors can be to having a sense of personal worth and success. Continuing to build skills in the students of our school means they can take some important steps towards knowing they too can impact their own sense of wellbeing — an important skill for life.

Road Safety Matters!

We remind our families of the importance of Road Safety—When dropping off or collecting your children from the school, please ensure you use the drop off zone near Dernancourt Road, or come into the school grounds to drop off or collect your children.

Please understand that your children may be very excited to see you at the end of a school day and may not remember to exercise caution as they near the roadways. Please do not call them across the road to you—young children do not have the same skills of judging distances or making decisions to cross in time before vehicles which may be travelling towards them.

We want all our children to be safe on their journey to and from school.

Parents in our Playground.

We value our parents and carers. We are aware that there are times when your children may be saddened by a friendship that has had a tough time during a day, or when they are concerned that a friendship is struggling.

We ask that you be mindful to refrain from asking (or telling) other children about their behaviour, or indeed approaching other parents about children’s behaviour.

Should you have any concerns at any time, please ensure you speak with a teacher. Our teachers are professionals. Please allow them to sort out any issues which may present between children at times. (Sometimes children only tell part of a story and inadvertently give an incorrect impression.)

This may help to prevent awkwardness between adults, especially when it is often found, children have moved past a “fall out” quite quickly.

Uniform Shop

Opening Hours: 8.45am to 9.30am

The Uniform Shop will open Weeks 1 & 5 of each Term.

Orders can be placed in the Office money box and they will be filled fortnightly. Cash or cheque only. Cheques to be made out to Engadine Public School P & C Uniform Shop.

Please direct all enquiries to Mrs Cody on Wednesday to Friday from 9.30—11.00am.

Please be aware Mrs Cody is also running the canteen and not all orders/enquiries can be dealt with immediately.

Year 6 Shirts

Some Year 6 Shirts for sale in the canteen if anyone would like an extra size 12 or size 14 $35.00.

ON SALE - ORDER THROUGH UNIFORM SHOP

Maroon Fleecy Track Pants, (old style) $10 each - size 4, 14, 16 only.

Maroon Flying Jacket $20.00 - size 6, 8,10,12, 14, 16, & small men’s.

Second Hand Uniforms

The Uniform Shop is always happy to accept donations of second hand items in good condition. If you have any items you wish to donate, please bring them into the Office or direct to the Uniform Shop when it is next open.
Throughout the school year, teachers focus on developing skills to building positive relationships among peers—some children learn these through experience and others need to be taught these skills specifically in order to apply them. The focus of our teaching points will last for blocks of two weeks, and will be placed in the newsletter.

Social Skills Topic 12: **Respecting Other People’s Opinions**

Parents, we ask that you too go through these skills with your children, and discuss the dos and don’ts. Perhaps you can ask them if they have tried some of the strategies and what the result was. Children learn best when they are supported from both school and home with a consistent message. Your assistance is greatly appreciated.

<table>
<thead>
<tr>
<th>Do’s</th>
<th>Don’ts</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ If you don’t agree with what someone says, try to think of anything they said which you can’t agree with.</td>
<td>☑ Don’t just focus on what you disagree with.</td>
</tr>
<tr>
<td>☑ Speak in a calm and courteous tone of voice.</td>
<td>☑ Don’t use an angry or sarcastic tone of voice.</td>
</tr>
<tr>
<td>☑ Firstly say the part you can agree with, and then say what you disagree with (e.g. “I agree with Sam that we should all take turns in using the basketball at recess, but I don’t think the best way is to have a roster”)</td>
<td>☑ Don’t start your sentence with “I don’t agree” or “No.....” or “But surely....” or “Don’t you think....”</td>
</tr>
<tr>
<td>☑ If you can’t think of any part you can agree with, then firstly say something which shows you heard what they said. Then say how you disagree (e.g. “I realise that Sam thinks a roster system would work but I think it’s unfair because some people don’t want to play with the basketball”)</td>
<td>☑ Don’t call people names or use put-downs (e.g That’s stupid! You’re wrong! How can you think that!)</td>
</tr>
<tr>
<td></td>
<td>☑ Don’t just knock other people’s ideas and opinions. Come up with an alternative.</td>
</tr>
</tbody>
</table>

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**Return of loaned underwear**

Please return any loaned underwear to the school office, as our supplies have dwindled and we need to cater for any pressing needs. We have a very small supply held in case of “accidents” and so would really appreciate their prompt return.

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**Woolworths Earn & Learn**

Please keep collecting the Earn & Learn stickers for our school. Stickers can be placed in the box which is located outside the microphone room. The last day to collect stickers is Tuesday 8 September. Thank you for your support.
Our children are actively moving to gather the points they need to participate in and complete the Premier’s Sporting Challenge!

**Canteen Roster Term 3**

<table>
<thead>
<tr>
<th>Week Starting</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 September</td>
<td>Kellie Caspersonn</td>
<td>Vanessa Collinson</td>
<td>Sharon Reynolds</td>
</tr>
<tr>
<td>14 September</td>
<td>Kelly-Ann Ottaway</td>
<td>Megan Hall</td>
<td>Allison Emanuel</td>
</tr>
</tbody>
</table>

**CANTEEN CLOSED MONDAYS AND TUESDAYS**

As you are aware the school canteen relies on our volunteers to help the canteen run smoothly. Unfortunately for the most part we have had none of the rostered volunteers turn up to help. If you are on the roster but have had a change of circumstances and are unable to help any longer could you please let Deirdre know and we can arrange another helper in your place. Please contact Deirdre on 0412 212 750 or leave a message at the office. Thank you.
SCHOOL HOLIDAY ROAD SAFETY REMINDER FOR FAMILIES

With the school holidays approaching, daily routines will soon change. Different play locations and holiday destinations means different traffic environments.

So to help keep our children safe, families are reminded about these key road safety points:

☑  **Stop, look, listen, think every time you cross the road.**
If your child is aged 8 years or younger hold their hand when walking near or across roads. If your child is 9-10 years old always actively supervise them.

☑  **It’s the law that everyone wears a helmet when riding a bike in a public place.**
It makes sense to wear a helmet when riding scooters and skateboards too!

☑  **Click clack front ‘n back every person for every trip.**
Everyone in the car must be securely buckled up in the right seatbelt or child restraint.

☑  **Talk to your child about being a safe road user.**
Reinforce safe road behaviours by being a good role model! Children learn safe road behaviours from the adults who care for them. Talk about what you are doing to be safe when near roads, in the car and when riding.

☑  **Point out road safety differences and dangers in new environments.**
This is especially important when on holidays in different surroundings. Roads, footpaths, parks, car parks, bike tracks and bike lanes may look different in holiday areas.

☑  **The best way to keep your child safe is to actively supervise them.**

☑  **Talk and teach your child about road safety every time you are out and about.**

☑  **Remind other adults who care for your children to do this too.**

You can find out more at:

Safety Town

Department of Education

Transport for NSW

From all the staff at Engadine Public School, we wish all our families a most wonderful and safe holiday break! We look forward to hearing the children’s news upon their return on Tuesday 6 October, 2015.
### School Banking

Bring your banking in on Thursday, for processing on Friday morning. Deposit books are returned on Friday. You can use the locked pigeon hole in the office for larger amounts, or to drop your book off anytime in the week (up until 9.30 on Friday morning). If you’d like to know more, please chat with Kelly Bilek or Cherylyn Hare (0404 405 201).

### School Fete Raffle Winners

<table>
<thead>
<tr>
<th>1st</th>
<th>Meriton Voucher</th>
<th>Maria</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd</td>
<td>Zealous Hair Voucher</td>
<td>Le</td>
</tr>
<tr>
<td>3rd</td>
<td>Wine &amp; Chopping Board</td>
<td>Jan</td>
</tr>
<tr>
<td>4th</td>
<td>Crayola Package</td>
<td>Bradley</td>
</tr>
<tr>
<td>5th</td>
<td>Begin Bright Voucher</td>
<td>Adrian</td>
</tr>
<tr>
<td>6th</td>
<td>Bunnings Gift Card</td>
<td>Stewart</td>
</tr>
<tr>
<td>7th</td>
<td>Zealous Hair Voucher/Avon</td>
<td>Adam</td>
</tr>
<tr>
<td>8th</td>
<td>Just Cuts Gift Bag</td>
<td>Tracey</td>
</tr>
<tr>
<td>9th</td>
<td>Just Cuts Gift Bag</td>
<td>Marcus</td>
</tr>
<tr>
<td>10th</td>
<td>Avon Gift Pack</td>
<td>Adrian</td>
</tr>
<tr>
<td>11th</td>
<td>Hanging Glass Planter</td>
<td>Careen</td>
</tr>
<tr>
<td>12th</td>
<td>Space Pack</td>
<td>Le</td>
</tr>
<tr>
<td>13th</td>
<td>Terry Deary’s Tales Book Pack</td>
<td>David</td>
</tr>
<tr>
<td>14th</td>
<td>G Vickery &amp; A Smith Book Pack</td>
<td>Hugh</td>
</tr>
<tr>
<td>15th</td>
<td>Princess Pony Book Pack</td>
<td>Toni</td>
</tr>
<tr>
<td>16th</td>
<td>Animal Selection Book Gift Pack</td>
<td>Keiran</td>
</tr>
</tbody>
</table>
Community News

Seagulls

Why not come and join us this summer for Nippers at Stanwell Park Beach

We are welcoming any child between the age of 5 and 13 (nippers cannot start until they are 5)

The 2015/2016 Season will commence:
Sunday 11 October 2015

Registration can also be completed via:
The Club webpage www.stanwellparksurflifec.com

or

Registration Days

Saturday 5 September 2015 – 9am - 12 noon
Outside Old Pizzaroma Building, Walker Street, Helensburgh

or

Saturday 12 September 2015 – 10am - 1pm
Helensburgh/Stanwell Park Surf Life Saving Club
Beach Road, Stanwell Park

NOTE: For ALL new memberships you must provide a copy of your child’s birth certificate/passport to register

Early Bird Membership are required by 30/9/15 after this date normal fees will apply

Please feel free to contact the juniors if you have any questions at seagulls@stanwellparksurflifec.com or visit our club webpage www.stanwellparksurflifec.com

Open Day

SLC Aquadot Swim Club Open Day
FRIDAY 11TH SEPTEMBER 2015 6.30PM

Sutherland Leisure Centre Indoor 25m Pool

The Aquadot Swim Club holds fun and encouraging swim race nights every Friday night between 6.30pm and 8pm at Sutherland Leisure Centre which gives swimmers of all ages and abilities a chance to practice swim race techniques as well as an opportunity to keep improving on their own personal race times.

Regular swim race practice can really benefit your young swimmer by putting their muscle structure into practice and teaching them techniques like diving and turns. Attending swim club is a great way to prepare for school swimming events.

Our open day will be a great way to come and experience what our Primal nights are like without any pressure to join.

You can find more information about Aquadot online at:

www.aquadotswimming.org.au www.aoquadot

HeleNSburgh Fitness Centre
Open Day 12TH September

Free jumping castle, face painting, entertainment, market stalls, food and great prizes. It's the Burgh's Big Day Out!

338 Cemetery Rd Helensburgh 4294 1282
18 October 2015

12km, 50km, 105km

Ride the Bridge / Ride Sydney

Ride Sydney

springcycle.com.au

Ideal for families and novice riders who want to experience the thrill of riding over the Sydney Harbour Bridge main deck and past some of Sydney’s most iconic landmarks including the Sydney Opera House and historic Rocks area. Celebrate your Spring Cycle success with a festival finish at Pirrama Park, Pyrmont.

For those looking for an adventure, this route takes in the best of the 12km Sydney City Ride including riding over the spectacular Sydney Harbour Bridge, past the Sydney Opera House and historic Rocks area, before exploring the diverse Inner West and venturing out to Sydney Olympic Park for a festival finish and cycling expo.

Challenge your cycling performance with a century plus by riding Greater Sydney. Clock up 50kms riding across the Sydney Harbour Bridge, past the Opera House and traversing the diverse Inner West before taking your challenge out to Western Sydney Parklands via picturesque Parramatta and Prospect Dam. Return for your festival finish and cycling expo at Sydney Olympic Park.

REGISTER NOW springcycle.com.au

13th SEPTEMBER

COME AND TALK TO YOUR LOCAL BRIGADE ABOUT THE FIRE RISK IN YOUR AREA. IT COULD SAVE YOUR FAMILY AND HOME FROM BUSH FIRES.

Brigade: Engadine Rural Fire Brigade
Time: 9am - 2pm
Location: 22 Ferntree Rd, Engadine (Next to Ferntree Park)
NSW RFS Operational Command Vehicle, Woronora RFS Fire Boat, Engadine RFB Trucks, Police & SES attending!

GET READY WEEKEND

TO FIND OUT MORE GO TO RFS.NSW.GOV.AU

NSW

PREPARE. ACT. SURVIVE.